



ISBNPA

Cancer Prevention and Management SIG



ISBNPA 2026: Cancer Prevention and Management SIG Highlights



ISBNPA

Advancing Behavior Change Science

CADIZ, SPAIN

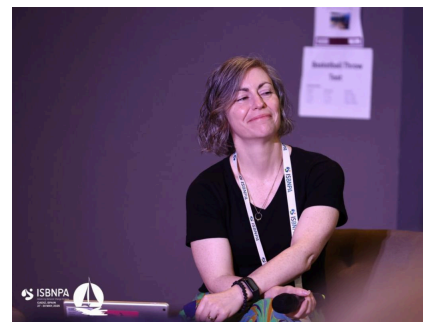
27 - 30 MAY, 2026



Reflections from our current chair, Cindy Forbes:

The Cancer Prevention and Management SIG had a strong showing at ISBNPA 2026 in Cádiz this May, with two well-attended sponsored symposia despite them both being first thing in the morning! The first focused on developing, testing, and evaluating remotely-delivered activity interventions for people living with and beyond cancer, drawing on international trials. The second examined evidence-based approaches to interrupting prolonged sitting, drawing on two nationally funded trials in type 2 diabetes populations. Both sparked great discussion and reflected the depth of work happening across our field.

Beyond these sessions, two broader themes stood out at the conference: a growing focus on sustainability and scalability in both research practice and intervention design, and a marked rise in discussion of AI's role in behaviour change, both of particular importance in development and delivery of research and services in our SIG.



Save the Date: ISBNPA 2027 Heads to Halifax

Cindy shares her excitement for next year's conference:

Next year's Annual Meeting moves to Halifax, Nova Scotia, Canada, 16–19 June 2027. For me personally, this one's special, Nova Scotia is where I grew up and spent most of

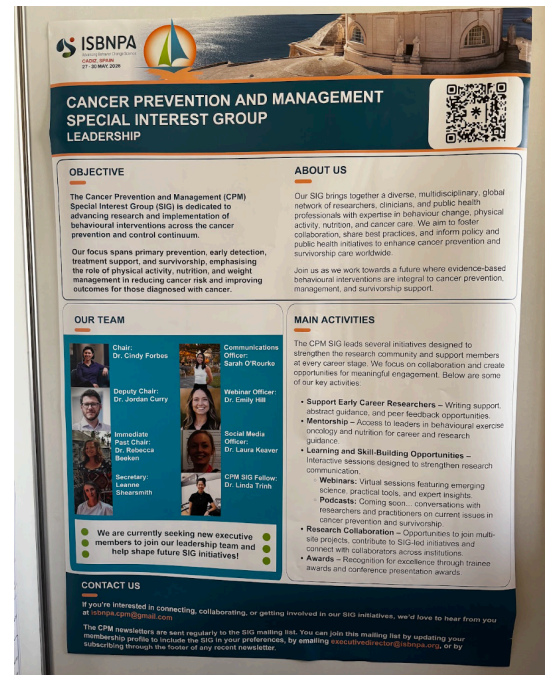
my life. I am very much looking forward to welcoming colleagues to a place that means so much to me. Halifax is a great city with lots to see and do and we hope to see strong SIG representation both in the programme and at our SIG social. Think of your potential symposia and presentations as submissions open in September!



Recap of Cancer Prevention and Management at ISBNPA

CPM SIG at ISBNPA

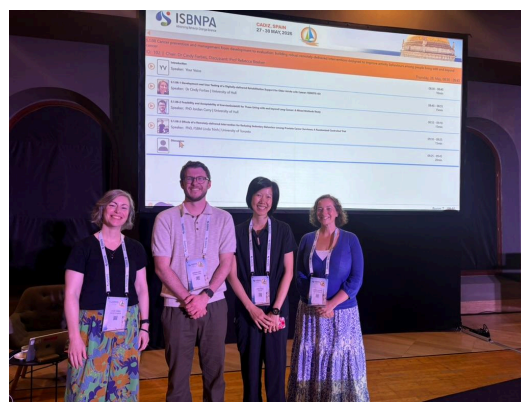
During the ISBNPA Annual Meeting 2026, the Cancer Prevention and Management Special Interest Group (CPM SIG) had a few current members available to chat and to answer questions about what we do in the CPM SIG. It was great to catch up with many of you during the coffee breaks at the poster viewing sessions! We also had a wonderful time talking with CPM members, friends, and colleagues at our informal social event in collaboration with the Mental Health SIG!



Cancer Prevention and Management Presentations at ISBNPA

Kudos to the CPM SIG members who presented their exciting new research at the ISBNPA Annual Meeting!

Cindy Forbes, PhD, from University of Hull, Hull York Medical School, **Jordan Curry, PhD**, from Colorado State University and **Linda Trinh, PhD**, from the University of Toronto presented *"From development to evaluation: building robust remotely-delivered interventions designed to improve activity behaviours among people living with and beyond cancer"*



Sarah O'Rourke, MSc, from University of Toronto, presented *"A Remotely-delivered Resistance Training Program for Cognitive Function in Prostate Cancer Survivors: A Feasibility Study"*

Jordan Curry, PhD, from Colorado State University, presented *"Patient and Public Involvement in Health and Social Care Doctoral Research: Recommendations Co-developed by Doctoral Researchers, Public Contributors, and a Public Involvement Coordinator"*



Jack Zhan, MSc, from University of Toronto, presented *"Psychosocial and Behavioural Predictors of Symptom Burden in Prostate Cancer Survivors: A Latent Profile Analysis"*

Executive Committee Updates

Welcome New CPM SIG Executive Committee Members!

Jack Zhan

Jack, is a first-year PhD student in the Exercise Oncology Lab at the University of Toronto. Jack is interested in designing an intervention based on the Canadian 24-hour Movement Guidelines for individuals living with and beyond cancer. In his spare time, he enjoys playing the guitar and different kinds of sports.



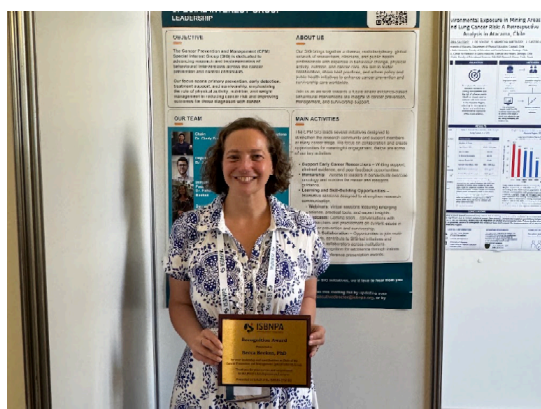
Kajal Gokal

Kajal is a Senior Research Fellow supported by an NIHR Advanced Fellowship based at Loughborough University, UK. She has a background in psychology and her research focuses on behaviour change for the prevention and management of cancer. She is theme lead for Prevention and Treatment of Chronic Illness within the Centre for Lifestyle Medicine and Behaviour.



Other Current Executive Committee Members Include:

- Chair: Cindy Forbes, PhD
- Deputy Chair: Jordan Curry, PhD
- Secretary: Leanne Shearsmith, NIHR Doctoral Fellow
- Webinar Officer: Emily Hill, PhD
- Communications: Sarah O'Rourke, MSc, Laura Keaver, PhD and Eliana Carraca, PhD



Rebecca Beeken, PhD, received a plaque from Deputy Chair, Jordan Curry, PhD, as a sign of the CPM SIG's appreciation for her many years serving on the executive committee at this year's ISBNPA Annual Meeting in Cádiz.

Upcoming Webinar

Webinar Co-Hosted by ISBNPA Cancer Prevention and Management SIG, SBM's Cancer SIG, SBM's Cancer SIG, and UKSBM

Title:

The complementary role of physical activity and nutrition to improve survivorship outcomes in AYAs diagnosed with cancer

When:

October 14, 2026, 1400 UTC

Abstract: This webinar will explore how physical activity and nutrition can work together to enhance health, quality of life, and survivorship outcomes in adolescents and young adults (AYAs) diagnosed with cancer. Drawing on emerging evidence and clinical experience, speakers will discuss how physical activity and dietary strategies can help manage treatment-related side effects, support physical and mental well-being, and reduce long-term health risks in this population. The session will also highlight practical, age-appropriate approaches to integrating movement and healthy eating into survivorship care, considering the unique developmental, social, and psychosocial needs of AYAs.

Who:

Speakers:

Erin Coffman PhD, Postdoctoral Fellow, Wake Forest University School of Medicine

Kate Law PhD, Research Fellow and Pediatric Nurse Specialist, University of Manchester

Moderator:

Emily Hill PhD, RDN, Assistant Professor, University of Colorado Anschutz

REGISTER [HERE](#)

Coming Soon: "Behind the Peer Review Curtain" Podcast

The CPM SIG is launching a limited-series podcast exploring the world of peer review in academic publishing, co-hosted by Jordan Curry and Emily Hill. Designed with early- and mid-career researchers in mind, the series will provide practical insights into the publishing process and help demystify peer review from the perspectives of authors, reviewers, and editors. Stay tuned for engaging discussions, expert advice, and actionable tips to help navigate academic publishing with confidence.

Recruitment Calls

Our colleagues are currently recruiting participants for an international survey on exercise in lung cancer care, and a research assistant for a scoping review on equity in AI and e- and m-health cancer rehabilitation. See the participant recruitment link below and the attached posters for more information.

[Click here for the MIRROR study survey.](#)

MIRROR STUDY



LAST CALL

**International survey on
exercise in lung cancer care**



For healthcare professionals
involved in lung cancer care



Explore knowledge, practices,
barriers and facilitators



Prehabilitation | Rehabilitation |
Metastatic care



15–20 minutes | Anonymous



Take the survey

Link in post



Promoted by the **IREX-Lung** group under the umbrella of **IASLC**



IASLC

Remote **HIRING:** Research Assistant

~3-5h per week (~1y duration)



PROJECT: Equity in AI- and e- & mHealth Cancer Rehabilitation

SCOPING REVIEW: We are systematically mapping how digital cancer rehabilitation research reports on equity dimensions across socioeconomic, geographic, demographic, and digital literacy lines, using the PROGRESS-Plus framework.

Aims to identify gaps and guide inclusive intervention design.

ROLE & RESPONSIBILITIES

- Literature Screening
- Data Extraction
- Analysis & Synthesis
- Literature Screening & Data Extraction
- Manuscript Writing
- Organising Team Meetings

WE ARE LOOKING FOR

- Education and Experience in Exercise Oncology and/or e- & mHealth
- Public Health/Informatics Degree (eg., BS/MA/PhD)
- Review Experience & Reference Tools

WHAT WE OFFER

- International Recognition
- Mentorship
- Career Development
- Co-authorship opportunity
- Flexible, Remote-friendly work
- Specialized Mentorship

HOW TO APPLY:

Email CV & One Page Cover Letter by August 31st to isbnpa.cpm@gmail.com

Be updated of all ISBNPA news
Stay Tuned at



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