



Message from the Outgoing Chair

Dear Cancer Prevention and Management SIG Members,

It has been a pleasure to serve as Chair of the Cancer Prevention and Management SIG over the past two years. Working alongside such a dedicated and collegial group of researchers has been both inspiring and rewarding. We've had some brilliant webinars and symposia, which have highlighted the excellent cancer work being done within the ISBNPA community. We've also continued to support ECRs in this field via our seed funding and have adapted this for our latest round of funding to offer broader opportunities to use this for career development (more details are below).

I would like to thank Dr Linda Trinh, our immediate past chair, whose leadership helped lay the foundations for many of the group's achievements. I am delighted now to hand over to Dr Cindy Forbes, who has been highly involved with the SIG for many years and has held several leadership positions. Her experience and expertise in physical activity and digital interventions within oncology, mean she is well-placed to lead the SIG into its next chapter.

Thank you to all our members for your contributions and collegiality — it has been an honour to work with you, and I hope to see you in Cadiz.

Rebecca Beeken, PhD



Message from the Incoming Chair

Dear Cancer Prevention and Management SIG Members,

I am delighted to step into the role of Chair for our SIG for the next two years. I am a Senior Lecturer in Physical Activity at Hull York Medical School, University of Hull, UK. My research focuses on how physical activity, sedentary behaviour, and nutrition can improve outcomes and quality of life for people living with and beyond cancer, including the use of digital tools to support behaviour change. I have been a member of the CPM SIG executive committee since 2015 and have attended ten ISBNPA annual meetings since 2008.

I would like to sincerely thank Becca for her excellent leadership as outgoing Chair. Under her guidance, the SIG has grown in both activity and engagement, and I look forward to building on this momentum.

In the coming term, my priorities are to:

- Continue supporting early career researchers through initiatives such as our Seed Funding programme designed to support project development.
- Deliver our webinars and workshops: we aim to hold two webinars a year; please let us know topics you'd like us to cover.
- Strengthen collaboration and networking opportunities across our global membership and with other ISBNPA SIGs and societies.

I look forward to connecting with as many of you as possible at our webinars and at ISBNPA meetings, and I welcome your ideas for how we can keep advancing the field together.

Warm regards,

Dr Cindy Forbes
Chair, Cancer Prevention & Management SIG



Apply for Early Career Researcher/PhD Student Seed Funding!

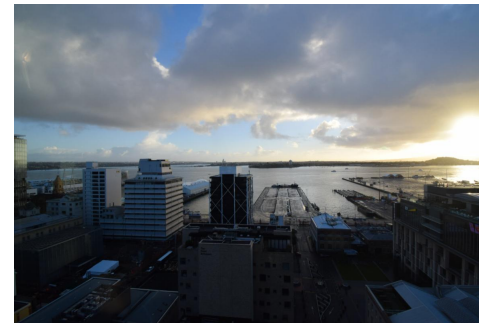
We are now seeking applications for the 2025 ECR/PhD Student Seed Funding Award. This seed funding opportunity has been developed to assist ECRs and/or senior PhD students with a research initiative or project and/or to collect pilot data to inform future research endeavours. Projects are one year in length, and total funding support is available up to \$1,390 USD. Deadline to apply is November 30th, 2025. To access the application, click [here](#).

Recap of Cancer Prevention and Management at ISBNPA



CPM SIG at ISBNPA

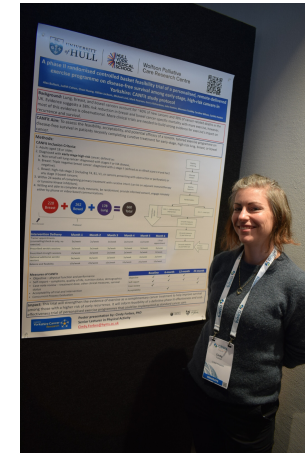
During the ISBNPA Annual Meeting 2025, the Cancer Prevention and Management Special Interest Group (CPM SIG) had a few current members available to chat and to answer questions about what we do in the CPM SIG. It was great to catch up with many of you during the coffee breaks at the Marketplace! We also had a wonderful time talking with CPM members, friends, and colleagues at our informal social event, held at Elliott Stables!



Cancer Prevention and Management Posters at ISBNPA

Kudos to the CPM SIG members who presented their exciting new research at the ISBNPA Annual Meeting!

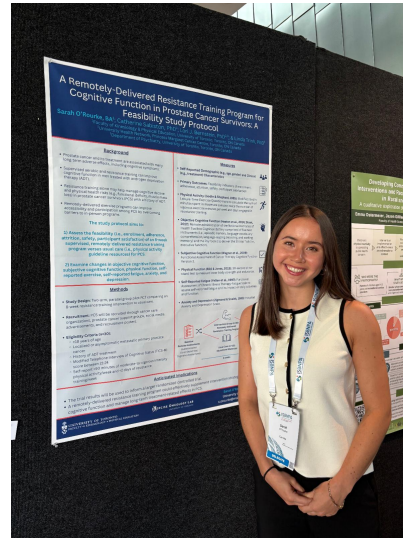
Cindy Forbes, PhD, from University of Hull, Hull York Medical School, presented *"A phase II randomized controlled basket feasibility trial of a personalized, remote-delivered exercise programme on disease-free survival among early-stage, high-risk cancers in Yorkshire: CANFit study protocol."*



Zan Gao, PhD, from University of Tennessee Knoxville, presented, *"Efficacy of exergaming dance and aerobic dance on young adults' enjoyment, situational motivation, self-efficacy, and steps."*

Leanne Shearsmith, PhD, from University of Leeds, presented *"Physical activity interventions in women treated for endometrial cancer: a scoping review."*





Sarah O'Rourke, from University of Toronto, presented, "*A remotely-delivered resistance training program for cognitive function in prostate cancer survivors: a feasibility study protocol.*"

Executive Committee Updates

Welcome New CPM SIG Executive Committee Members!

We would like to introduce our newest executive committee member and highlight changes as existing members take on new roles. We also want to extend our gratitude to our Previous Past Chair, Linda Trinh, who recently transitioned off of the executive committee.

Sarah O'Rourke is a first-year PhD candidate working in the Exercise Oncology Lab at the University of Toronto. She holds a Bachelor of Arts in Kinesiology from Western University. Sarah is interested in the role of exercise in enhancing cancer survivorship, with a particular interest in designing and implementing evidence-based interventions to improve quality of life and health outcomes for cancer survivors. She will be joining the Executive Committee as a member of the Communications Team. Welcome, Sarah!



Other Current Executive Committee Members Include:

- Past Chair: Rebecca Beeken, PhD
- Chair: Cindy Forbes, PhD
- Deputy Chair: Jordan Curry, PhD
- Secretary: Leanne Shearsmith
- Webinar Officer: Emily Hill, PhD
- Communications: Laura Keaver, PhD and Eliana Carraca, PhD



Linda Trinh, PhD, received a plaque from Incoming Chair, Cindy Forbes, PhD, as a sign of the CPM SIG's appreciation for her many years serving on the executive committee at this year's ISBNPA Annual Meeting in Auckland.

Upcoming Events and Webinars

Exercise Oncology/Oncology Nutrition (EON) Network Webinar

Title:

The CHALLENGE Trial was Positive: What's Next for the Field of Exercise Oncology?

Who:

Kerry S. Courneya, OC, PhD, FCAHS

When:

December 4, 2025, 16:00 UTC

More information and registration [HERE](#)

Exercise Oncology/Oncology Nutrition (EON) Network Webinar

Title:

Improving Oncology Outcomes Through Targeted Nutritional Assessment and Intervention

Who:

Carla Prado, PhD, RD, FCAHS

When:

February 26, 2026, 16:00 UTC

More information and registration [HERE](#)

Exercise Oncology/Oncology Nutrition (EON) Network Webinar

Title:

Coffee consumption and improved colorectal cancer survivorship: from observational to interventional studies

Who:

Mingyang Song, MBBS, ScD

When:

April 9, 2026, 15:00 UTC

More information and registration [HERE](#)

American Society of Preventive Oncology (ASPO) Annual Meeting**Title:**

50th Annual Meeting

When:

April 12-14, 2026

Where:

Denver, CO, USA

More information and registration (opening soon) [HERE](#)

International Conference on Physiotherapy in Oncology (ICPTO)**Title:**

4th International Conference on Physiotherapy in Oncology

When:

April 17-18, 2026

Where:

Dublin, Ireland

More information and registration (opening soon) [HERE](#)

Society of Behavioral Medicine (SBM) Annual Meeting**Title:**

47th Annual Meeting and Scientific Sessions

When:

April 22-25, 2026

Where:

Chicago, IL, USA

More information and registration [HERE](#)

American College of Sports Medicine (ACSM) Annual Meeting**Title:**

2026 ACSM Annual Meeting

When:

May 26-29, 2026

Where:

Salt Lake City, UT, USA

More information and registration (opening soon) [HERE](#)

Abstracts due November 10

ISBNPA Annual Meeting**Title:***2026 Annual Meeting***When:**May 27-30, 2026**Where:**

Cádiz, Spain

More information and registration [HERE](#)*Abstracts due November 12***American Society of Clinical Oncology (ASCO) Annual Meeting****Title:***2026 ASCO Annual Meeting***When:**May 29-June 2, 2026**Where:**

Chicago, IL, USA

More information and registration [HERE](#)*Abstracts due January 27***Multinational Association of Supportive Care in Cancer (MASCC) Annual Meeting****Title:***2026 MASCC/ISOO Annual Meeting***When:**June 25-27, 2026**Where:**

Melbourne, Australia

More information and registration [HERE](#)*Regular abstracts due January 16; Late-breaker abstracts due March 11***International Society of Exercise Oncology (ISEO) Inaugural Conference****Title:***ISEO Inaugural Conference 2026***When:**July 22-23, 2026**Where:**

Heidelberg, Germany

More information and registration (opening soon) [HERE](#)*Abstracts due December 15*

American Society for Nutrition (ASN) Annual Meeting

Title:

Nutrition 2026

When:

July 25-28, 2026

Where:

Washington, DC, USA

More information and registration (opening soon) [HERE](#)

Abstracts due March 9

Recent Publications of Interest

- Bullock AF, Cohen J, Huang C, Jackson G, Lind M, Pearson M, Richardson G, Saxton J, Twiddy M, Wilson C, Forbes CC. (2025). Phase II randomised controlled basket feasibility trial of a personalised, remotely delivered exercise programme on disease-free survival among early-stage, high-risk cancers: CANFit study protocol. *BMJ Open*, 15:e100044. doi: 10.1136/bmjopen-2025-100044.
- Curry J, Caperchione CM, Greenley S, Dennis E & Forbes CC. (2025). Using digital technology to support wellbeing and independence among people living with incurable cancers: a systematic review. *Support Care Cancer*. 33, 699. <https://doi.org/10.1007/s00520-025-09759-1>.
- Robien, K., & Wopat, H. (2025). Landscape analysis of oncology nutrition research among patients being treated for cancer. *Support Care Cancer*. 33(11), 957. <https://doi.org/10.1007/s00520-025-10025-7>
- Schmitz, K. H., & Rogers, L. Q. (2025). Translation of Evidence to Clinical Practice for Exercise Oncology: An Update from the Moving Through Cancer Initiative. *Exercise and sport sciences reviews*, 10.1249/JES.0000000000000373. Advance online publication. <https://doi.org/10.1249/JES.0000000000000373>
- Hustad, K. S., Koteng, L. H., Urrizola, A., Arends, J., Bye, A., Dajani, O., Deliens, L., Fallon, M., Hjermstad, M. J., Kohlen, M., Kurita, G. P., Lundeby, T., Mitrea, N., Payne, C., Roselló-Keränen, S., Warmbrodt, N., de Wilde, A., Kaasa, S., de Vos-Geelen, J., Laird, B. J. A., ... MyPath consortium (2025). Practical cancer nutrition, from guidelines to clinical practice: a digital solution to patient-centred care. *ESMO open*, 10(4), 104529. <https://doi.org/10.1016/j.esmoop.2025.104529>
- Carpenter, D. J., Peluso, C., Hilton, C., Coopey, S. B., Gomez, J., Rosenberg, J., Beriwal, S., Hyde, P. N., & Champ, C. E. (2025). EXERT-BCN: An Exercise Regimen Designed to Improve Body Composition, Functional Capacity, and Strength After Treatment for Breast Cancer With Nutrition Optimization. *JCO oncology practice*, OP2400954. Advance online publication. <https://doi.org/10.1200/OP-24-00954>
- Bettariga, F., Taaffe, D. R., Borsati, A., Avancini, A., Pilotto, S., Lazzarini, S. G., Lopez, P., Maestroni, L., Crainich, U., Campbell, J. P., Clay, T. D., Galvão, D. A., & Newton, R. U. (2025). Effects of exercise on inflammation in female survivors of nonmetastatic breast cancer: a systematic review and meta-analysis. *Journal of the National Cancer Institute*, 117(10), 1984–1998. <https://doi.org/10.1093/jnci/djaf062>
- Byrd, D. A., Gomez, M., Hogue, S., Wan, Y., Ortega-Villa, A., Warner, A., Dagnall, C., Jones, K., Hicks, B., Albert, P., Murphy, G., Sinha, R., & Vogtmann, E. (2025). Effects of a high-fiber, high-

fruit and high-vegetable, low-fat dietary intervention on the rectal tissue microbiome. Journal of the National Cancer Institute, 117(6), 1237–1244. <https://doi.org/10.1093/jnci/djaf034>

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