



## Newsletter June 2025 ISBNPA Ageing SIG

### Welcome from the Ageing SIG Co-chairs

We're looking forward to seeing many of you at the ISBNPA 2025 in beautiful Auckland, New Zealand! In this edition of the newsletter, you'll find important updates about the annual meeting—including a very exciting pre-conference event—and details about a social gathering following it.

We have also hosted a joint webinar on "Ageing, Technology, and Readiness". We're also on the lookout for new members to join our leadership team! If you're passionate about ageing research and keen to help shape the direction of the SIG, we'd love to hear from you.

We're thrilled that this year's pre-conference will feature the World Congress on Active Aging (WCAA), led by Dr Shilpa Dogra, Dr Erika Hinckson, and Dr Paul Gardiner. We're proud to be part of the effort to reinvigorate this much-loved congress, now with ISBNPA as its new home. Be sure to register for WCAA when signing up for the conference—spaces will go quickly!

Read on for more info, and we hope to connect with many of you in Auckland!

Hattie Wright and Marina Pinheiro  
SIG co-chairs

Contact us via [ageing\\_sig@isbnpa.org](mailto:ageing_sig@isbnpa.org)



**A/Prof Hattie Wright**  
**Co-chair ISBNPA Ageing SIG**

**Dr Marina Pinheiro**  
**Co-chair ISBNPA Ageing SIG**

## **ISBNPA CONFERENCE, Auckland 11-14 June 2025**

We look forward to seeing you at the ISBNPA 2025 in Auckland, New Zealand

ISBNPA 2025 Conference Website: <https://annualmeeting.isbnpa.org/>

This year, we are co-hosting the World Congress on Active Aging as a pre-conference event (details below).

Our SIG is organizing the debate session, and we are delighted to announce our speakers:

### **Moderator**

Prof Adrian Bauman

### **Speakers - Societal responsibility**

Prof Danielle Gallegos (nutrition)

Prof Neville Owen (physical activity)

### **Speakers - Individual responsibility:**

A/Prof Andrea Braakhuis (nutrition)

A/Prof Christina Ekegren (physical activity)

We look forward to seeing you there and engaging in these important discussions.



# The World Congress on Active Ageing

## Learning from our Elders to Create a More Inclusive Future.

ISBNPA is the new home for the World Congress on Active Ageing (WCAA). This year's theme emphasises the importance of learning from past experiences to build a new and collaborative future for the field.

**Where?** Auckland University of Technology  
Tamaki-Makaurau Auckland / Aotearoa New Zealand.

**When?** Tuesday June 10<sup>th</sup>, 2025 / 10.30-15.30

### Keynote Address

Professor  
Anne Tiedemann,  
Theme Leader in  
Healthy Ageing,  
The University of  
Sydney.

*Inclusive Innovation  
for Broader  
Benefits: The  
Future of Active  
Ageing Research*

### Debate

Organized by the  
ISBNPA Ageing  
Special Interest  
Group

*Physical Activity  
and Nutrition  
Behaviour for  
Healthy Ageing:  
Individual or  
Societal  
Responsibility?*

### Panel Session

*Indigenous Knowledge Carriers: Our Active  
Ageing Story*

### Additional Activities

Networking Opportunities for ECRs,  
Collaboration Activities, Next Steps for the  
WCAA

### Registration Information

Register for the WCAA when you  
register for the ISBNPA conference  
<https://annualmeeting.isbnpa.org/>

## ANNUAL SIG MEETING

We will have our annual meeting following WCAA on **Tuesday, June 10**. This will be a quick meeting to report on our activities in the past year.

We are also hosting a social gathering immediately after our SIG annual meeting at the Glass Goose (<https://www.glassgoose.co.nz/>).

If you are interested in attending this social event, please complete this EOI:  
<https://forms.office.com/r/pEx2C99Pjm>

## AGEING PRESENCE AT THE ANNUAL MEETING IN AUCKLAND

Wednesday, June 11, 2025 (3:30 PM - 4:45 PM), at Hunua 3 - Award Sessions:  
Ageing | Young Adults

Thursday, June 12, 2025 (11:00 AM - 12:00 PM) - Poster Session 1

Thursday, June 12, 2025 (12:00 PM - 1:15 PM), at Limelight 1 - O.1.07: Ageing and Health (Musculoskeletal, Brain)

Thursday, June 12, 2025 (2:15 PM - 3:30 PM), at Limelight 1 - SO.1.07: Latest Findings in Ageing

Thursday, June 12, 2025 (4:45 PM - 6:00 PM), at Limelight 1 - S1.20: Innovative and scalable solutions to increase physical activity participation among older adults

Friday, June 13, 2025 (11:30 AM - 12:45 PM), at Limelight 1 - O.2.18: Ageing and Health (Metabolic, Cardiovascular)

Friday, June 13, 2025 (1:30 PM - 3:15 PM), at Limelight 1 - O.2.29: Ageing, Physical Activity and Function

Friday, June 13, 2025 (3:15 PM - 4:30 PM), at Limelight 1 - S2.44: Developing guidelines, practice environments and measures for function-focused physical activity interventions in hospitalised older adults.

### WE NEED YOUR HELP!

We are currently seeking volunteers to assist with rating presentations for the SIG awards at the upcoming annual meeting. If you're attending and are willing to contribute your time and expertise, we'd love to hear from you—your support plays a valuable role in recognising excellence in our field.

We're excited to have an opportunity to showcase our SIG during the annual meeting through digital screens displayed during break times. SIG representatives will also be present to speak with attendees and promote membership. If you have any photos, videos, or other content that highlights the work of our SIG and would be suitable for display, please send them through, we'd love to feature your contributions on the day. [ageing\\_sig@isbnpa.org](mailto:ageing_sig@isbnpa.org)

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### WE ARE RECRUITING

The ISBNPA AGEING SIG leadership committee is currently looking for new members!

Joining the SIG leadership team is an excellent way to network and collaborate with researchers with similar interests across the world.

We in particular need to grow our NUTRITION researchers in our SIG. We are also looking for new members to join:

- Co-chair: Hattie's term will come to an end mid-year and we would love for you to join as a co-chair with Marina.
- WEBINAR sub-committee: activities include organizing Webinars (1-2 per year) for our members.

If you are interested in joining or learning more about the SIG, contact us via:  
**[ageing\\_sig@isbanpa.org](mailto:ageing_sig@isbanpa.org)**

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## SOCIAL MEDIA UPDATES

This year we are aiming to highlight your incredible contribution to the ageing research space through our ISBNPA X account and our SIG newsletter. Do you have a new publication, presentation abstract, poster, or announcement you would like to share?

Please send any content you would like posted to **[ageing\\_sig@isbanpa.org](mailto:ageing_sig@isbanpa.org)**

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## RECENT PUBLICATIONS

- Huang, L., Liang, Z. & Chen, H. Association between physical activity and frailty transitions in middle-aged and older adults: a nationwide longitudinal study. *Int J Behav Nutr Phys Act* 22, 31 (2025).  
**<https://doi.org/10.1186/s12966-025-01725-8>**
- Delobelle, J., Compennolle, S., Vetrovsky, T. et al. Contexts, affective and physical states and their variations during physical activity in older adults: an intensive longitudinal study with sensor-triggered event-based ecological momentary assessments. *Int J Behav Nutr Phys Act* 22, 30 (2025).  
**<https://doi.org/10.1186/s12966-025-01724-9>**
- Liu, Y., Gao, S., Dou, Z. et al. Is meeting 24-hour movement guidelines associated with a lower risk of frailty among adults?. *Int J Behav Nutr Phys Act* 22, 21 (2025). **<https://doi.org/10.1186/s12966-025-01722-x>**
- Fan, LJ., Wang, FY., Zhao, JH. et al. From physical activity patterns to cognitive status: development and validation of novel digital biomarkers for cognitive assessment in older adults. *Int J Behav Nutr Phys Act* 22, 11 (2025).  
**<https://doi.org/10.1186/s12966-025-01706-x>**
- Yu, Wan, et al. "Reduced functional independence and multimorbidity increases the risk of severe infection among older patients with Omicron: a multicenter retrospective cohort study." *BMC geriatrics* 25 (2025): 84.
- Abe, Maiko, et al. "Systemic oxidative stress levels and their associations with the risk of neovascular age-related macular degeneration and treatment response." *International Journal of Retina and Vitreous* 11.1 (2025): 16.
- Sun, Yuanhao, et al. "Association of social frailty, sarcopenia, and oral frailty with depressive symptoms in Chinese older adults: a cross-sectional study." *BMC Public Health* 25.1 (2025): 464.

- Welsh, Hayley, et al. "Age-related changes in DNA methylation in a sample of elderly Brazilians." *Clinical Epigenetics* 17.1 (2025): 1-13.

**Do you have a new paper you would like highlighted? Email us at [ageing\\_sig@isbnpa.org](mailto:ageing_sig@isbnpa.org)**

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## SPOTLIGHT ON AN EARLY CAREER RESEARCHER

One of the aims of the Ageing SIG is to enhance networking, advertise post doc positions, job opportunities and research exchanges. We would like to use the newsletter to invite one Early-Stage Researcher to talk about their PhD topic and future expectations.

Suggest any of your PhD students for our next issue. Please send them to: [ageing\\_sig@isbnpa.org](mailto:ageing_sig@isbnpa.org)

### Spotlight on JESSE BAKER

#### 1. Can you tell us about your area of research and what attracted you to it?

My area of research is Healthy Ageing and Public health. My particular focus is social isolation, as it is a risk factor for other chronic health conditions for older adults such as mental health and dementia. I am designing an intervention that uses locative media (GPS) tools to address social isolation in our local community in Australia. I was attracted to this research due to my own negative experiences of social isolation as well as the social isolation I saw when my grandparent became a widow. The level of sadness and uncertainty caused by that situation made me realise that this research is necessary to benefit the lives of older people. I have an interest in novel technological interventions as well to facilitate face to face social interaction from a non traditional angle.

#### 2. What have been your most exciting achievements to date?

My most exciting achievements have been presenting at the MANNA symposium and conference, being awarded the Vice Chancellor's Honours scholarship at my university and completing over 250 assessment sessions with older adult participants!

#### 3. Could you describe your current role?

My current role is a PhD Candidate in the School of Health at the University of the Sunshine Coast. I also have a role as a Research Assistant on an ongoing research project here at UniSC.

#### 4. Are there any research publications you would like to highlight?

Wadsworth, D.P., Tulloch, K., Wright, H., Linton, C., Baker, J., Fien, S., Szabo, H., Askew, C.D., Schaumberg, M.A. Learning from the lived experience of functionally healthy older adults: what does it mean to be 'healthy'? *The Collegian* (2023). 2023, ISSN 1322-7696, <https://doi.org/10.1016/j.colegn.2022.11.005>.

#### 5. What do you enjoy doing in your free time?



In my free time I enjoy illustration and character drawing. I'm not exactly a master at either yet but I intend to get better over time. I also enjoy video games with my friends when I get the chance between my role as a PhD Candidate. I also enjoy exercising and playing Football (soccer).



### Contact details

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**LinkedIn:** <https://www.linkedin.com/in/jesse-baker-46305728a/>

## SIG Leadership Team

**SIG co-chair:** Hattie Wright, Associated Professor in nutrition and dietetics School of Health at the University of the Sunshine Coast Australia, advanced Accredited Practising Dietitian

**SIG co-chair:** Marina Pinheiro, Senior Research Fellow at the Institute for Musculoskeletal Health, School of Public Health at the University of Sydney.

**Webinars:** Trynke Hoekstra, assistant professor of epidemiology and biostatistics in the Faculty of Science at VU Amsterdam.

**Awards:** Neha P. Gothe, Associate Professor in the Department of Kinesiology and Community Health at the University of Illinois Urbana Champaign.

**Awards:** Cathie Sherrington, Professor and Senior Principal Research Fellow at the University of Sydney School of Public Health.

**Communication Officer:** Corey Linton, Associate Lecturer in Nutrition and Dietetics School of Health | University of the Sunshine Coast, Accredited Practicing Dietitian

**Communication Officer:** Natalia Gomes Gonçalves, Post-doctoral Researcher at the University of São Paulo Medical School.

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**Have anything to add to the next issue? Let us know by sending an email to [ageing\\_sig@isbnpa.org](mailto:ageing_sig@isbnpa.org)**

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