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E-blast

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### Imagine Yourself in a Month

Picture yourself the day after ISBNPA 2025, June 15th, 2025...

You'll be more knowledgeable, having gained invaluable insights. You'll have forged numerous new friendships and embarked on exciting projects. Socially fulfilled, your thoughts will already be drifting towards Cádiz for ISBNPA 2026.

This is the promising outcome awaiting you from your participation in ISBNPA 2025. With everything set for your success, seize this opportunity to its fullest.

Join over 800 participants, explore 1,086 presentations, and dive into a variety of networking activities and workshops. Make the most of this enriching experience!

### Have You Explored All the Opportunities Available?

We are excited to present a once-in-a-lifetime opportunity through our exclusive pre-conference workshop. This unique event will take place in New Zealand, so don't miss your chance to participate. [Log in to the registration system](#) and secure your spot today!

#### Exploring Indigenous Perspectives of Physical Activity and Nutrition: An immersive experience to connect with self, others, and place.

**\*\*This hui (gathering) will take place on June 10, 2025.\*\***

The hui is a three part wānanga (workshop) conducted on a Marae (ancestral Māori meeting place). Participants will engage in culturally grounded physical activities such as waka ama (outrigger canoe), and kapa haka (Māori cultural performance). Participants will also partake in hangi (traditional Māori food). Each activity will be followed with a kauhau (discussion) to delve deeper into Indigenous perspectives of physical activity and behavioural nutrition. This immersive experience aims to draw together practice and theory as a way to provide a fuller experience for participants to connect with self, others, and place.

**Other workshops are still available.**

If you have not booked one yet, we still have some places available for the June 11 workshops.

Again, log in and book your place in a workshop to make the most of ISBNPA2025.

### [\[Pre-Conference Meetings and Workshops – ISBNPA 2025\]](#)

## Planting trees at ISBNPA2025?

**\*\*This event will take place on June 10, 2025.\*\***

Join us for a one-of-a-kind networking event – the [\[Kaipātiki Project\]](#), an innovative EcoHub growing a sustainable future for people and nature. They do this by empowering people, inspiring connection with nature and enabling sustainable living. Along with 1,000 volunteers annually, they run a thriving native plant nursery where they grow 40,000+ native plants every year and plant them back in the local reserves. They facilitate forest, stream and estuary regeneration activity, promote zero waste and encourage local food initiatives. By working together, we can restore our native plants, birds, bugs and fish.

Book your place here [\[ISBNPA2025 Kaipatiki Project\]](#)

## Satellite Meetings

Our satellite meetings are:

[World Congress on Active Aging](#): Join us for this ISBNPA Satellite Meeting, June 10 in Auckland.

[Scaling Up & Sustaining Health Innovations](#): Engage with our Special Interest Group in Implementation and Scalability at this ISBNPA Satellite Meeting on June 4-5, 2025.

[IPA Asia Pacific Play Conference](#): Participate in this partner meeting in Melbourne, Australia, on June 24-27 in Melbourne

**We thank Auckland University of Technology  
for being a Platinum Sponsor of  
ISBNPA2025.**



**NESI**

🌟 **Spotlight Alert!!**

Meet [Jen Gale](#) (@Jen Gale), PhD, a Registered Dietician and researcher at the University of Otago and Victoria University of Wellington. Jen's work focuses on how nutrition and advanced technologies, like automated insulin delivery systems, support

people living with Type 1 Diabetes. She also studies how physical activity across different life domains impacts wellbeing in New Zealanders. Want to learn more? Click here for the full [\[spotlight!\]](#)

## Coming Soon: NESI Podcast Launch!

Launching soon, the brand-new **NESI Podcast** will feature insights, and conversations with ECRs and leaders across the NESI community.

**Stay tuned** for updates and release dates – and get inspired by the work happening across the network!

## NESI Social @ISBNPA2025

Join us for the NESI Social on Thursday, 12th June, starting at 6.30PM, right after the ISBNPA 2025 conference! Don't miss out – see the flyer for more details!



### Email us

Drop us an email at: [nesi.isbnpa@gmail.com](mailto:nesi.isbnpa@gmail.com) to get involved today and share your insights!

## Reach us!

Follow [\[@ISBNPA\]](#) on Twitter/X and #NESI\_ISBNPA for NESI-related tweets. Connect with us on LinkedIn: [\[ISBNPA LinkedIn\]](#).

## Webinars

Visit the [ISBNPA YouTube page](#) to access free recordings of all our webinars.

The latest ones are listed below. We are excited to introduce a new webinar format that allows you to watch pre-recorded presentations in advance, followed by a full hour dedicated to Q&A with the presenters. The upcoming webinar, titled "[Ageing, Technology, and Readiness: Human Factors and Smart Home Innovations](#)," promises to be insightful. Don't forget to secure your spot!

## Ageing, Technology, and Readiness: Human Factors and Smart Home Innovations

When:

Pre-recorded available now; Live Q&A May, 27, 2025, 20:00 UTC

Registration:

[May 27, 2025 (2000 UTC). [Q&A about the SIGs Ageing and e & mHealth Webinar: Ageing, Technology, and Readiness: Human Factors and Smart Home Innovations – ISBNPA](#)]

Who:

Speakers:

Claire Gough, Flinders University,  
Gordana Dermody, University of the Sunshine Coast,

Moderators:

Trynke Hoekstra, Amsterdam Public Health Group

Abstract

This webinar brings together the e-&mHealth and Ageing Interest Groups to explore the challenges and opportunities of using technology to support healthy ageing. We will examine the human factors influencing technology adoption among older adults and discuss how these insights apply to innovative models such as Health Smart Homes and the Ecology of Readiness.

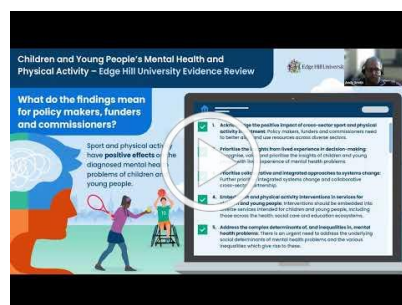
Building on the recorded presentations available through the ISBNPA website, this live session offers Early Career Researchers (ECRs), Mid-Career Researchers (MCRs), and all ISBNPA members the chance to ask questions, share ideas, and deepen their understanding of how technology can enhance research and care practices for an ageing population.

We look forward to sharing our work with you and encouraging lively discussion. Please review the supporting presentations ahead of the session:

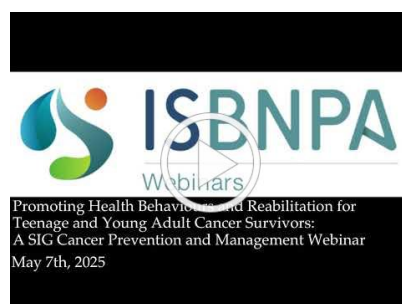
Bridging Care and Innovation: Human Factors Shaping Technology Use for an Ageing Population – Dr Claire Gough

Health Smart Homes and the Ecology of Readiness: Older Adults, Caregivers, and Connected Care – Dr Gordana Dermody

## The influence of physical activity and nutrition on mental health in children, families, and young adults



## Promoting Health Behaviours and Rehabilitation for Teenage and Young Adult Cancer Survivors



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