

Your campaign Participatory Research ISBNPA SIG Newsletter May 2025 has been sent

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Sun, May 18, 2025 at 3:05 PM

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Dear António Palmeira,

Your campaign '**Participatory Research ISBNPA SIG Newsletter May 2025**' was sent on 5/18/2025 around 10:01 AM EDT.

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Subject: Participatory Research ISBNPA SIG Newsletter May 2025



NEWSLETTER MAY 2025

Spring has sprung and there has been new life injected into the participatory research SIG! We are also looking forward to hosting our new "informal" networking online coffee (optional) chat. Read on for more details...

New leadership team members

Introducing Mark Spires as our new SIG leadership team member

As an Associate Professor at the University of Greenwich, Dr Spires leads the Natural Resource Institute's (NRI) research in food systems in the UK. in low- and middle-income countries, and research leadership and coordinates food systems-related issues in the interests centre on seeking to better local food environments, and how fin inclusive food policy. To facilitate these efforts, mark holds academic animations

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with Uppsala University (Sweden), Stellenbosch University (South Africa), and City St George's, University of London (UK).



Introducing our SIG ambassadors at ISBNPA

Next to dr. Mark Spires, the following people will be present at ISBNPA 2025 to represent our SIG. Feel free to reach out to them!

Janneke de Boer is a PhD fellow at Ghent University, focusing on the implementation and evaluation of school-based public health interventions. As part of the Health CASCADE project, her research uses co-creation to actively engage school staff in developing effective implementation strategies. With an academic background in European Public Health, Health Sciences, and Social and Organisational Psychology, coupled with professional experience in HR, Janneke brings a collaborative and innovative approach to tackling health challenges.



Amira Resnick serves as Statewide Director, Community Nutrition and Health with the University of California Agriculture and Natural Resources since February 2022. In his role, she works to build a shared vision for expanding our work into broader areas impacting human health and guides nutrition and health work implemented across the state through the Expanded Food and Nutrition Education Program and the CalFresh Healthy Living, UC (SNAP-Ed) program. Previously, Amira worked with the national public health non-profit, Alliance for a Healthier Generation, where she has spearheaded new, innovative multi-sectoral partnerships, secured funding opportunities, and implemented capacity building projects to advance policy, systems, and environmental change with K-12 education and expanded learning programs. Amira holds a master's degree in Public Agriculture from the University of California and a bachelor's degree in Cultural Studies from the University of Michigan.



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Join Us for the SIG PRHP informal networking coffee chat! ☕

When: 28 May, 10:00–10:30 (UTC+2)

Where: Zoom: [Register here](#)

Duration: Just 30 minutes

Hosted by: SIG PRHP (Special Interest Group on Participatory Research in Health Promotion)

Heading to the conference and wanting to make the most of it? Or just curious to meet other people interested in participatory research?

Come join our **informal online coffee chat** to meet fellow PAR enthusiasts!

Whether you're just starting your participatory journey or have years of experience, this is a low-pressure way to connect, share what you're working on, and discover who you'd love to follow up with in real life at the conference.

What to expect:

- A short introduction round and sharing PAR interests
- Lightly facilitated breakout chats
- A chance to find like-minded people, start conversations, and expand your network as preparation for the ISBNPA conference

Bring your curiosity (and your coffee/tea)!

See you there? ☕

Research Spotlight

Co-creating community initiatives on physical activity and healthy eating in a low-income neighbourhood in Quito, Ecuador (Morales-Garzón et al., 2025)

Morales-Garzón et al.
Global Health Research and Policy (2025) 10:18
<https://doi.org/10.1186/s41256-025-00412-2>

Global Health
Research and Policy

PERSPECTIVE

Open Access

Co-creating community initiatives on physical activity and healthy eating in a low-income neighbourhood in Quito, Ecuador

Sergio Morales-Garzón^{1*}, Elisa C. Ikram Benazizi-Dahbi¹, Marta Puig Lucy Anne Parker^{1,2}



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Summary:

The study describes a community-based co-creation process in Ferroviaria, a low-income neighbourhood in Quito, Ecuador, aimed at promoting physical activity and healthy eating to reduce non-communicable disease risk. Using the "Dialogue Forum" method and local health data, community leaders and residents collaboratively developed and implemented a community food garden. The initiative fostered empowerment and social cohesion but faced challenges with sustainability, participation, and potential dominance by community leaders or researchers. The study highlights co-creation as a valuable but complex approach requiring careful attention to local capacity, power dynamics, and long-term community ownership.

Are you joining the ISBNPA conference in Auckland?

Join the cross-SIG social activity – organized by the Policy & Environment, Systems Science, and Participatory Research in Health Promotion SIGs.

For more information and registration: <https://forms.office.com/e/G4pxVqJbyg>
[forms.office.com]



We look forward to seeing you at ISBNPA 2025 in Auckland, New Zealand!

Be updated on all ISBNPA news
Stay tuned at



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