



CAF SIG Outstanding Research Awards



In March this year, we put out the call for applications for our first annual Outstanding Research Awards. We received excellent applications showcasing the important work our members are doing in Children and Families research.

Congratulations to Dr Sophie Phillips who received the Outstanding Research Award for Early Career Researchers. Sophie's research focuses on examining the 24-hour movement behaviour paradigm (physical activity, sedentary behaviour, sleep) during the early years, including measurement, associations with health and development, and interventions to improve these behaviours. She has a particular interest in examining sedentary behaviour and screen time activities on early life mental health. Her work seeks to improve child health and development from the earliest years through supporting families in instilling healthy movement behaviours during these formative years.

Congratulations to Dr Olivia Alliot who received the Community Engagement Award.

ISBNPA ANNUAL MEETING 2025

The Annual Meeting in beautiful Auckland, Aotearoa, New Zealand is just around the corner. We are looking forward to seeing those who can make it!

The CAF-SIG will have a dedicated space at the conference in a **Marketplace Format**. It will be **open during all poster sessions, lunch and coffee breaks** - come and see us to hear more about the SIG.

Join Us for the Children and Families & Early Care and Education SIG Social Walk!

We are delighted to invite you to the **CAF & ECE SIG Social Walk** - a free, informal sightseeing walk (approx. 30 mins.) taking place on Thursday evening, right after the conference program concludes at approximately 6:10pm.

This is a wonderful opportunity to connect with fellow researchers from the Children and Families & Early Care and Education SIGs while exploring the sights of Auckland.

How to Join: Fill in your details here

(https://researchsurveys.deakin.edu.au/jfe/form/SV_2gUZWwUEOcnG0Xs), and we will get in touch once the details are finalised, including the meeting place.

Have Questions? Feel free to reach out to Penny Love (penny.love@deakin.edu.au) or Alissa Burnett (a.burnett@deakin.edu.au)

We look forward to seeing you there!

CAF SIG Conference Award Shortlist

The **Children and Families SIG Award session** is scheduled for **Wednesday the 11th June 3:30-4:45pm**. Please come along and support these presenters and hear about their impactful research in Hunua 1.

Dr. Karen Ma, University of Cambridge

Associations between parental self-reported psychological distress and parental attitudes to risk in play of 2-4-year-old children in the UK

Dr. Katherine Downing, Deakin University

Assessing toddlers' physical activity and sedentary time: agreement between parent-report and accelerometry

Hannah Povall, Aston University

Examining social and family contextual differences between parental feeding profiles in UK parents of pre-school children: A Latent Profile Analysis

CAF SIG Conference Sessions

There is so much wonderful Children and Families research being presented at the annual meeting this year - check out the [program here](#) and keep an eye out for the **deep teal coloured sessions** in the program.

Wednesday, June 10th

3:30-4:45pm - Award Session - Children and Families

Thursday, June 11th

12:00-1:15pm - From Sensors to Insights: Cutting-Edge Tools in Children's Health Research

12:00-1:15pm - Innovative Community, School, and Summer Research in Child Health

2:15-3:30pm - Nutrition, feeding behaviors, and related interventions impacting child health

Friday, June 12th

11:30-12:45pm - Balancing Acts: Screen Time, Physical Activity, and Cognitive Growth in the Digital Age

1:30-3:15pm - Family-Based Strategies to Improve Child Health

1:30-3:15pm - Nurturing Healthy Beginnings: Nutrition and Activity in Childhood

1:30-3:15pm - School-Based Interventions for Nutrition and Physical Activity

Saturday, June 13th

10:00-11:15am - Physical activity, exercise, and health behaviours in school-aged youth

10:00-11:15am - Health interventions and strategies to improve child health behaviors and outcomes

Recent Publications

Argumedo, G., Beets, M.W., Garcés, J., et al., *I simply have to accompany my parents to sell, nothing else!:* a multi-method exploration of barriers and facilitators of extracurricular physical activity among Mexican schoolchildren. *Int J Behav Nutr Phys Act* 22, 25 (2025). <https://doi.org/10.1186/s12966-025-01716-9>

Madhavan, V.K., Nas, Z., Blissett, J., et al., The development of emotional overeating: a longitudinal twin study from toddlerhood to early adolescence. *Int J Behav Nutr Phys Act* 22, 17 (2025). <https://doi.org/10.1186/s12966-025-01714-x>

Pickard, A., Edwards, K.A., Haycraft, E., et al., Parents' use of coercive and indulgent feeding practices for children with avid eating behaviour: an Ecological Momentary Assessment study. Int J Behav Nutr Phys Act 22, 17 (2025).
<https://doi.org/10.1186/s12966-025-01715-w>

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