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E-blast

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## ISBNPA2025

Fifty-five is an important number!

It represents the number of days left until the start of our annual meeting and, coincidentally, it's also my age. (António Palmeira writing here)...

But we have more numbers to share. After the early bird deadline, we've received 681 registrations. Among these, 196 are students, and 66 are colleagues from low and middle-income countries—significantly higher than usual.

The registration link is [\[HERE\]](#).

## Experiencing Challenges in Securing Funding for Attendance?

We understand that many of our colleagues are facing challenges in securing funding for travel due to recent economic and political upheavals. These unexpected events have affected several researchers who were selected to present their work at ISBNPA2025 after submitting their best research.

In response, ISBNPA is offering a solution that allows you to present your work at the conference without needing to travel. Here's how it works:

- If you have an oral presentation, simply send us a recorded version.
- If you have a poster presentation, send us your poster.

Our team in Auckland will ensure your research is showcased during the event, allowing all attendees to view your presentation at the scheduled time. The conference app will facilitate interactions between you and other attendees.

To support this initiative, we are implementing a registration fee equivalent to a one-day attendance cost (250 USD). We recognize this isn't a perfect solution, but given the circumstances, it's our way of adapting to these challenging times.

We know this is not a perfect solution, but as we are experiencing, we are not living in a perfect time. This is my 55-year-old reflection. Don't worry; I will get over it (António

Palmeira here... again).

## Pre and Post-Conference Opportunities

We are committed to providing you with enriching research and learning experiences in conjunction with ISBNPA2025. To enhance your conference journey, we offer satellite meetings and collaborate with nearby events. This year, you can benefit from the following opportunities:

**World Congress on Active Aging:** Join us for this ISBNPA Satellite Meeting, June 10 in Auckland.

**Scaling Up & Sustaining Health Innovations:** Engage with our Special Interest Group in Implementation and Scalability at this ISBNPA Satellite Meeting on June 4-5, 2025.

**IPA Asia Pacific Play Conference:** Participate in this partner meeting in Melbourne, Australia, on June 24-27 in Melbourne

We encourage you to take advantage of these opportunities as part of your professional development while also minimizing your research-related carbon emissions. In line with our commitment to sustainability, we are currently assessing the greenhouse gas emissions associated with ISBNPA2025. We anticipate higher emissions compared to last year, so we appreciate any efforts you make to reduce your environmental impact.

**We thank Auckland University of Technology  
for being a Platinum Sponsor of  
ISBNPA2025.**

## ISBNPA2027 - Seeking for a Venue

We are currently accepting proposals for hosting the ISBNPA2027 conference, with submissions due by April 30, 2025. In keeping with our tradition of rotating continents, the preferred location for this year's conference is the Americas, specifically the Northeastern region. This choice is based on careful calculations to identify areas with the lowest greenhouse gas emissions related to travel.

For more information and to submit your proposal, please contact [António Palmeira](#). We invite all interested parties to learn more about organizing the ISBNPA2027 meeting by visiting [\[here\]](#).

## Webinars

### Promoting Health Behaviours and Rehabilitation for Teenage and Young Adult Cancer Survivors

When: May 7, 2025, 1400 UTC

Registration: [\[HERE\]](#)

Who:

Speakers:

Scott Capozza, Yale School of Medicine

Carina Nigg, University of Bern

Jennifer Fitzpatrick, Irish Cancer Society and Technological University of the Shannon,

Moderators:

Hannah Doughty, Liverpool John Moores University,

Rebecca Beeken, University of Leeds,

# The influence of physical activity and nutrition on mental health in children, families, and young adults

When: May 1st, More details soon in [this page](#)

## Membership

We are pleased to announce that our membership continues to reflect a diverse range of backgrounds. Last year, we experienced a significant increase in members from lower and middle-income countries (LMICs), which we attribute in part to the success of our Ambassador program [link]. Although current numbers are slightly lower than last year, we remain optimistic about welcoming more colleagues soon.

Here is the current breakdown of our membership by income group:

- High income: 554 members
- Upper middle income: 29 members
- Lower middle income: 20 members



We are excited to inform that we have selected 22 members to attend the second edition of the [Building Future Leaders course](#). This program aims to build capacity to Mid-Career Researchers will start in early June.

## New ISBNPA Strategic Plan

We are working to finalize our new [strategic plan](#) for 2025-2030.

In this final phase, we are concentrating on developing the implementation strategies and ensuring effective communication to share it with our members. To enhance this process, we have recently partnered with a company specializing in strategic execution. Stay tuned for more updates coming soon!



# NESI

Network of Early Career  
Researchers and Students  
of ISBNPA



## Spotlight Alert!

Meet Umar Hassan ([[@Umar Hassan](#)]), MA, a researcher at Arizona State University. Umar explores how features of our environment like roads, sidewalks, and weather, influence physical activity. His aim is to create safer, more walkable spaces for everyone.

Currently, Umar is studying how extreme heat during recess in Arizona affects children's physical activity and readiness to learn. He examines temperature differences on playgrounds and the strategies schools use to manage recess in high heat. His work aims to enhance environmental design and improve student well-being. Want to learn more? Click here for the full [spotlight!](#)

## Hiring Early Career Researchers (ECRs) or Students?

Looking to hire an ECR or student? We're here to connect you with talented individuals! Please send job details to our [\[EMAIL\]](#) with the subject line "JOB OPPORTUNITY: [Position Title]".

We'll be displaying these opportunities at the annual conference in June — don't miss out!

## Reach us!

Follow [\[@ISBNPA\]](#) on Twitter/X and #NESI\_ISBNPA for NESI-related tweets.

Connect with us on LinkedIn: [\[ISBNPA LinkedIn\]](#).

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