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E-blast

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## Building Future Leaders

ISBNPA is excited to launch the 2nd year of the **Building Future Leaders** course – an online, international leadership development opportunity for Mid-Career Researchers (MCRs). We have worked hard to further refine the program after last year's successful pilot. The program will focus on core leadership modules of strategic thinking and decision making, building a successful team, and networking and collaboration.



### Program Details:

- Dates: June - November 2025 (4 modules, each lasting 6 weeks)
- Cost: The program is valued at \$390 USD, but ISBNPA members can participate for only **\*\*\$100 USD.\*\***
- Facilitated by internationally recognized public speaker, educator and researcher Hugh Kearns ([iThinkWell](#))
- Waivers available for participants from low- and middle-income countries or those experiencing financial hardship
- Program includes online interactive workshops, email coaching, self-directed resources, and mentoring and networking opportunities, with a time commitment of around 4 to 5 hours per module.

If you are interested, please complete the form using this [\[link\]](#).

**Applications will close on March 28, 2025, at 11:59 PM CET.** We will aim to inform you of the outcome of your application in April.

Don't miss out on this amazing opportunity to build your leadership skills and network with peers from around the world!

If you have any questions about the program, please do not hesitate to contact the Leadership Development Program co-chairs, Dr Simone Verswijveren ([s.verswijveren@deakin.edu.au](mailto:s.verswijveren@deakin.edu.au)) and Dr Sarah Shaw ([sarah.shaw@mrc-epid.cam.ac.uk](mailto:sarah.shaw@mrc-epid.cam.ac.uk)).



## ISBNPA2025 late breaking abstracts call, last week to submit

There is still an opportunity to be part of the scientific program through late-breaking abstract submissions, which are open until February 21, 2025 (poster presentations only). Submit your best research in the following link: [Late-breaking](#).

### Registration for the conference is open

The registration link is [HERE](#).

Don't miss out on early bird registration, available until April 7th.

## Learn more about the ISBNPA2025 Activities

Enhance your conference experience by registering for the available workshops and two satellite meetings.

For more information about the workshops, visit our [\[WORKSHOPS PAGE\]](#). You can also watch some introductory videos [\[HERE\]](#) or in the video below.

The two ISBNPA2025 satellite meetings include:

**World Congress on Active Aging** - Scheduled for June 10 in Auckland.

**The Science of Scaling and Sustaining Behavioural Nutrition and Physical Activity Initiatives** - Organized by the ISBNPA Special Interest Group on Implementation Science, this meeting will be held at the University of Newcastle, Australia, during the week prior to the conference (date to be confirmed).



## NESI

### 🌟 Spotlight Alert!

We're excited to introduce John Oginni ([@John Oginni](#)), a third-year Ph.D. student, graduate instructor, and researcher at the University of Tennessee - Knoxville! John is exploring innovative ways to promote physical activity and improve health through lifestyle interventions. His research leverages emerging technologies like wearables, apps, virtual reality, and exergames - all within the framework of a 24-hour movement approach. Click [\[here for the full spotlight\]](#) !

### 📣 Calling all students and early-career researchers (ECRs) from Auckland!

We'd love to hear from you! If you're based in Auckland, we want to ask you a few questions ahead of the conference.

### ✉ Email us

Drop us an email at: [nesi.isbnpa@gmail.com](mailto:nesi.isbnpa@gmail.com) to get involved today and share your insights!

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