



ISBNPA

Cancer Prevention and Management SIG



Message from the Chair

Dear CPM SIG members,

Welcome to the latest edition of our Cancer Prevention and Management SIG newsletter! In this issue, we are excited to introduce two new Executive Team members, one of whom won our SIG award at the conference in Omaha in May. You'll also find summaries of recent publications, collaborations, and other upcoming events and opportunities relevant to our field.



We are starting to plan for Auckland 2025, and we hope to have a strong presence from our SIG. Do get in touch if you are planning to attend, and if there is anything you'd like to see from us to help you get the most out of the conference. We are all looking forward to a great year ahead and hope to see you in New Zealand!

Warm regards,
Becca
Chair, ISBNPA Cancer Prevention and Management SIG

Meet CPM's New Members

Laura Keaver is a dietitian and public health nutritionist who has joined the communications team. She is a lecturer in Human Nutrition and Dietetics and Programme Director for the BSc Human Nutrition in the Atlantic Technological University, Ireland. Her research focusses on exploring and informing the integration of nutrition into cancer care pathways with a particular interest in cancer survivorship.



Eliana V. Carraça is an Assistant Professor at Faculdade de Educação Física e Desporto, Universidade Lusófona, Lisboa, Portugal, and a senior researcher at CIDEFES. She is a clinical exercise physiologist, with a Ph.D. in Exercise and Health. Her research revolves around the field of motivational, self-regulatory and behavioural predictors of physical activity, eating behaviour and weight management. She explores the mediating role of motivational dynamics (based on self-determination theory) and potential interactions with other psychological and non-psychological factors that might contribute to physical activity/exercise function as a gateway behaviour for healthy eating. Additionally, she has been involved in the design of health behaviour change interventions applying self-determination theory (in overweight/obese women, recreational runners, and now on breast cancer survivors). She has published 60 international peer-reviewed articles (h-index Scopus 23; 4625 citations). She is currently the principal investigator of PAC-WOMAN (PTDC/SAU-DES/2865/2020), a national project that is testing two physical activity behaviour change interventions for post-menopausal breast cancer survivors on aromatase inhibitors. She is also the co-responsible investigator in a survey-based research project on beliefs, motivations and practices related to health behaviours in cancer rehabilitation: Clinicians and patients' perspectives. In the past, she has integrated the EASO (European Association for the Study of Obesity) Physical Activity Working Group, which drafted the first EASO recommendations for physical activity in adults with



overweight or obesity, in collaboration with several leading researchers in the field of Obesity. She is also a member of the Dare2Share committee of the ISBNPA.

CPM Member Research Awards and Highlights

Congratulations to **Leanne Shearsmith**, on her success in securing a prestigious NIHR Doctoral Fellowship award. This fellowship will support the adaptation and refinement of "WILDCAT," a physical activity intervention for womb cancer survivors.

Womb cancer survivors are the least physically active of all cancer survivors, and patients have identified a lack of information and support regarding physical activity as a crucial unmet need in their survivorship care. The 3-year project involves conducting interviews with socio-culturally diverse womb cancer survivors to identify barriers and facilitators to physical activity, examining published research on existing physical activity programmes for this population, and collaborating through co-design workshops to adapt and refine an intervention. This project will lay the groundwork for future trials and has the potential to inform approaches to cancer survivorship care.

Leanne is a researcher in behavioural oncology at the University of Leeds, UK, and serves as secretary on the Cancer Prevention and Management SIG. Leanne will continue to be supported and supervised by Professor Rebecca Beeken, Associate Professor of Behavioural Medicine and Chair for the Cancer Prevention and Management SIG.



Laura Keaver, RD, MPH, PhD is a lecturer in Human Nutrition and Dietetics in the Atlantic Technological University in Ireland and recently graduated with a PhD in nutrition and oncology. Her principal research interests lie in the role of nutrition in the prevention and management of cancer, cardiovascular disease, obesity and malnutrition. She has a particular interest in the role of nutrition in cancer survivorship and is currently working with collaborators both nationally and internationally on several projects in this area. Laura won the ISBNPA CPM SIG award for best presentation at the ISBNPA conference held in Omaha Nebraska in May this year. Her presentation was entitled 'A Latent Class Analysis of Nutrition Impact Symptoms in Cancer Survivors'. Her work aimed to identify groups of cancer survivors with specific patterns of nutrition impact symptoms. Results identified three latent subtypes: Fatigue; Low Symptom Burden, and High Symptom Burden. The findings of this work will inform and allow for more individualised nutrition care. By tailoring

interventions to these specific groups, we can enhance the precision of care, improve prognostic accuracy, and significantly elevate the quality of life of survivors. This work underscores the critical importance of symptom management in the continuum of cancer care, ensuring that every survivor receives comprehensive support tailored to their unique journey.

Collaboration Corner and Announcements

New International Society of Exercise Oncology (ISEO) Webinar Series

The mission of the International Society of Exercise Oncology (ISEO) Webinar Series is to provide high quality, evidence-informed scientific talks by experts in the field, aimed at a global audience of researchers, clinicians, people with lived cancer experience and healthcare decision makers. The overarching goals of the webinar series are to provide intellectual exchange, foster communication and build the capacity of the exercise oncology research community. More information about past and upcoming webinars can be found [HERE](#).

PhD Funding Success!

Dr Laura Keaver (Atlantic Technological University) and Dr Máiread Cantwell (Technological University of the Shannon) collaborated on a successful PhD funding application to the Irish Cancer Society and the Irish Association for Cancer Research with Miss Niamh O'Callaghan recently with a project entitled "Healthy Horizons: A Nutrition Programme to Support and Empower Adolescent Survivors of Cancer". Niamh has now commenced this 4 year PhD studentship in the Atlantic Technological University under their supervision.

Webinars and/or Conferences of Interest

American Psychosocial Oncology Society (APOS) Annual Meeting

Title:

APOS 22nd Annual Conference

When:

5-7 March 2025

Where:

Pittsburgh, PA, USA

Key Dates:

Late-breaking poster submission deadline 4 December 2024

More information and registration [HERE](#)

UK Society for Behavioural Medicine Annual Meeting

Title:

UKSBM 20th Annual Scientific Meeting

When:

25-26 March 2025

Where:

Bristol, UK

Key Dates:

Abstract submission deadline 18 November 2024

More information and registration [HERE](#)

Society of Behavioral Medicine Annual Meeting

Title:

SBM 46th Annual Meeting and Scientific Sessions

When:

26-29 March 2025

Where:

San Francisco, CA, USA

Key Dates:

Rapid communication poster submission deadline 13 November 2024

More information and registration [HERE](#)

Moving Beyond 2025

Title:

Unveiling the Transformative Role of Physical Activity in The Prevention and Treatment of Cancer

When:

3-4 April 2025

Where:

Lisbon, Portugal

Key Dates:

Abstract submission deadline 11 November 2024

More information and registration [HERE](#)

American Society of Preventive Oncology (ASPO) Annual Meeting

Title:

ASPO 49th Annual Meeting

When:

6-8 April 2025

Where:

Philadelphia, PA, USA

Key Dates:

ASPO Voices session audition deadline 15 November 2024

More information and registration [HERE](#)

American Association for Cancer Research (AACR) Annual Meeting

Title:

AACR Annual Meeting 2025

When:

25-30 April 2025

Where:

Chicago, IL, USA

Key dates:

Abstract submission deadline 26 November 2024

More information and registration [HERE](#)

European Organisation for Research and Treatment of Cancer Conference

Title:

6th EORTC Quality of Life in Cancer Clinical Trials Conference

When:

12-13 May 2025

Where:

Barcelona, Spain

More information and registration [HERE](#)

American College of Sports Medicine (ACSM)

Title:

ACSM Annual Meeting 2025

When:

27-30 May 2025

Where:

Atlanta, GA, USA

More information and registration [HERE](#)

American Society of Clinical Oncology (ASCO) Conference

Title:

ASCO 2025

When:

30 May-3 June, 2025

Where:

Chicago, IL, USA

Key Dates:

Abstract submission deadline 28 January 2025

Late-breaking abstract submission deadline 5 March 2025

More information and registration [HERE](#)

The American Society for Nutrition (ASN) Conference

Title:

Nutrition 2025

When:

31 May-3 June, 2025

Where:

Orlando, FL, USA

Key Dates:

Scientific achievement award nomination deadline 9 December 2024

Abstract submission deadline 13 January 2025

More information and registration [HERE](#)

International Society of Behavioral Nutrition and Physical Activity (ISBNPA) Annual Meeting

Title:

ISBNPA 2025

When:

11-14 June, 2025

Where:

Auckland, New Zealand

Key Dates:

Satellite meeting submission deadline 8 November 2024

Workshop submission deadline 8 November 2024

Oral submission deadline 22 November 2024

Dare2Share submission deadline 22 November 2024

Late breaking abstract submission deadline 21 February 2025

More information and registration [HERE](#)

European Association for Cancer Research (EACR) Congress 2025

Title:

EACR Congress: Innovative Cancer Science

When:

16-19 June, 2025

Where:

Lisbon, Portugal

Key Dates:

Abstract submission deadline 6 March 2025

Travel grant application deadline 6 March 2025

More information and registration [HERE](#)

American Cancer Society and Cancer Research UK Joint Conference

Title:

The Cancer Prevention Research Conference

When:

25-27 June, 2025

Where:

London, UK

Sign up to receive registration information [HERE](#)

Multinational Association of Supportive Care in Cancer (MASCC) and the International Society of Oral Oncology (ISOO)

Title:

MASCC/ISOO 2025 Annual Meeting

When:

26-28 June, 2025

Where:

Seattle, WA, USA

Key Dates:

Abstract submission with conference scholarship application deadline 18 December 2024

Regular abstract submission deadline 8 January 2025

Late-breaker abstract submission deadline 13 March 2025

More information and registration [HERE](#)

Recent Publications

- Smith, S., Lally, P., Steptoe, A. *et al.* Prevalence of loneliness and associations with health behaviours and body mass index in 5835 people living with and beyond cancer: a cross-sectional study. *BMC Public Health* 24, 635 (2024). <https://doi.org/10.1186/s12889-024-17797-3>
- Smith S, Fisher A, Lally PJ, et al. Perceiving a need for dietary change in adults living with and beyond cancer: A cross-sectional study. *Cancer Med.* 2024; 13:e7073. doi:10.1002/cam4.707
- Heuchan, G.N., Lally, P.J., Beeken, R.J. *et al.* Perception of a need to change weight in individuals living with and beyond breast, prostate and colorectal cancer: a cross-sectional survey. *J Cancer Surviv* 18, 844–853 (2024). <https://doi.org/10.1007/s11764-023-01333-0>
- Miller, N.E., Lally, P., Conway, R. *et al.* Psychological distress and health behaviours in people living with and beyond cancer: a cross-sectional study. *Sci Rep* 14, 15367 (2024). <https://doi.org/10.1038/s41598-024-66269-6>
- Goodman, W., Downing, A., Allsop, M. *et al.* Understanding the associations between receipt of, and interest in, advice from a healthcare professional and quality of life in individuals with a stoma from colorectal cancer: a latent profile analysis. *Support Care Cancer* 32, 463 (2024). <https://doi.org/10.1007/s00520-024-08657-2>
- Lally P, Kennedy F, Smith S, et al. The feasibility and acceptability of an app-based intervention with brief behavioural support (APPROACH) to promote brisk walking in people diagnosed with

breast, prostate and colorectal cancer in the UK. *Cancer Med.* 2024; 13:e7124. doi:10.1002/cam4.7124

- Li Z, Ding X, Chen Y, Keaver L, Champ CE, Fink CL, Lebovits SC, Corroto M, Zhang FF. Review of Nutrition Guidelines and Evidence on Diet and Survival Outcomes for Cancer Survivors: Call for Integrating Nutrition into Oncology Care. *J Nutr.* 2024 Aug;154(8):2346-2362. doi: 10.1016/j.tjn.2024.05.024.
- Keaver L, McLaughlin C. A Latent Class Analysis of Nutrition Impact Symptoms in Cancer Survivors. *Dietetics.* 2024; 3(4):423-434. <https://doi.org/10.3390/dietetics3040031>
- O'Callaghan N, Douglas P, Keaver L. Meaning of nutrition for cancer survivors: a photovoice study. *BMJ Nutr Prev Health.* 2024 Feb 21;7(1):112-118. doi: 10.1136/bmjnp-2023-000822. PMID: 38966113; PMCID: PMC11221309.

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