
Your campaign ISBNPA Ageing SIG Newsletter - May 2024 has been sent

1 message

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Mon, May 6, 2024 at 7:20 PM

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Dear António Palmeira,

Your campaign '**ISBNPA Ageing SIG Newsletter - May 2024**' was sent on 5/6/2024 around 2:20 PM EDT.

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Subject: ISBNPA Ageing SIG Newsletter - May 2024



Welcome from the Ageing SIG Co-chairs

Preparations for the ISBNPA annual conference are in full swing. We are looking forward to meeting up with many of you at the upcoming Annual conference in Omaha later this month!

This year's conference will have a special focus on climate action and sustainability. In this issue we share more details about Ageing SIG activities at the annual meeting. We are very excited to host our Ageing SIG business meeting during the conference and we hope that the meeting will allow us to understand more about the research that our members do, and help us organize future events to help build collaborations and engagement within our SIG. Please make sure you come along and share your ideas.

In this newsletter, we have a few asks. We are looking for volunteers to help with judging the posters and presentations during the conference. We are also seeking expressions of interest to join our leadership team.

We hope you enjoy the May newsletter!

Follow us on X at [@ISBNPA_Ageing](#) or contact us via ageing_sig@isbnpa.org



Dr Libby Richards,
Co-chair ISBNPA Ageing SIG



Dr Hattie Wright, co-chair
Co-chair ISBNPA Ageing SIG

AGEING PRESENCE AT ANNUAL MEETING - 2024 - Omaha, US, May 20-23

Business meeting

The Ageing SIG business meeting will be held on Tuesday May 21st 1:15 in room

212. We hope to see you there.

Call for help with judging posters and presentations

We are seeking expressions of interest of members attending the conference to help with judging posters and presentations. It is a relatively easy task, we ask that you attend the awards session for the oral presentations and/or the Ageing poster presentations. If you are interested, please contact us via ageing_sig@isbnpa.org

TOP 3 abstracts shortlisted for best poster award

The following abstracts were shortlisted for “best poster award”. They are displayed in alphabetical order. Each abstract was scored by five independent raters. These posters will be assessed during the conference.

- Yuzi Zhang, Laura F. DeFina, David Leonard, Baojiang Chen, Emily T. Hébert, Harold W. Kohl III, Associations of physical activity, sedentary behavior, and sleep patterns with cognitive function among middle-aged and older community-dwelling adults: A latent class analysis
- Emily Kringle, Feasibility of a physical activity intervention for stroke survivor-caregiver dyads: An ongoing descriptive case series
- Lieke J.E. Duijsens, Catherine A.W. Bolman, Alissa S. Paas, Trijntje Völlink, Denise A. Peels, and Lilian Lechner, Unveiling the Tapestry of Healthy Ageing among Older Adults: A Qualitative Exploration of Motivators, Facilitators and Impediments in Predominantly Low Socioeconomic Conditions

Please see below a list of presentation relevant to our SIG:

Award Session - Ageing | Motivation and behavior change

Date: Monday, May 20, 5.15 to 6.30pm, Ballroom B

- Prof. Delfien Van Dyck: Why and in which contexts do older adults sit? An EMA study to identify the context- and time-depending determinants of sedentary behavior in older adults.
- Ms. Ella Bracci: Mediterranean Diet adherence and psychological health in

older South Australians: A preliminary analysis of the MedWalk trial

- Ms. Mya Price: Amplifying the Voices of Hunger: Food Insecurity among Black Seniors in U.S. Metro Areas: Consequences and Implications
- Ms. Yiqing "Skylar" Yu: The impact of activity-permissive workstations on physical and psychological well-being
- Dr. Astrid Zamora: Identifying predictors of achieving 150 minutes of weekly walking among older latinx adults: insights from signal detection analysis
- Ms. Laura Arrazat: Effects of doubling the availability of vegetarian meals on meal choices, meal offer satisfaction and liking in university cafeterias: a controlled trial in France.

Oral presentations

Date: Wednesday, May 22, 12 to 1:15pm (Room 212), O.2.14: Nutrition and Lifestyle: Pathways to Health and Longevity

- Prof. Delfien Van Dyck: Unveiling the digital pathways to active aging: an exploratory mixed methods study examining older adults' perceptions towards mHealth and the impact of person-level factors on engagement with the MyHealthPlan mHealth intervention
- Dr. Astrid Zamora: Predictive associations between acculturation and 12-month physical activity and sedentary behavior among older latinx adults: findings from the compass physical activity intervention trial
- Associate Professor Karen Murphy: Effect of a Mediterranean Diet intervention, supplemented with dairy foods on cardiovascular and cognitive health and the gut microbiota.
- Mrs. Harlivleen Gill. Effect of Nutrition Education and Medically-Tailored Meal

Interventions on older adults with Type 2 Diabetes

- Dr. Jiaren Chen: Sociodemographic, anthropometric and behavioral factors associated with older adults' phase angle: findings from Taiwan.
- Dr. Kerem Shuval: Dietary patterns and cardiorespiratory fitness in midlife in relation to subsequent all-cause dementia: Findings from The Cooper Center Longitudinal Study

WE ARE RECRUITING

The ISBNPA AGEING SIG leadership committee is currently looking for new members! Joining the SIG leadership team is an excellent way to network and collaborate with researchers with similar interests across the world.

We are in particular need to grow our NUTRITION researchers in our SIG. We are also looking for new members to join:

- COMMUNICATIONS sub-committee: activities include organizing newsletters (2-3 per year) and keeping our members engaged through social media.
- WEBIBAR sub-committee: activities include organizing Webinars (1-2 per year) for our members.

If you are interested in joining or learning more about the SIG, contact us via: ageing_sig@isbnpa.org

SOCIAL MEDIA UPDATES

This year we are aiming to highlight your incredible contribution to the ageing research space through our X account. Do you have a new publication, presentation abstracts, posters or announcements you would like to share on our X account?

Please send any X content you would like posted to ageing_sig@isbnpa.org

RECENT PUBLICATIONS

- Mellow, M.L., Dumuid, D., Olds, T. et al. Cross-sectional associations between 24-hour time-use composition, grey matter volume and cognitive function in healthy older adults. *Int J Behav Nutr Phys Act* 21, 11 (2024). <https://doi.org/10.1186/s12966-023-01557-4>
- Yerrakalva, D., Hajna, S., Khaw, KT. et al. Prospective associations between changes in physical activity and sedentary time and subsequent lean muscle mass in older English adults: the EPIC-Norfolk cohort study. *Int J Behav Nutr Phys Act* 21, 10 (2024). <https://doi.org/10.1186/s12966-023-01547-6>
- Nemoto, Y., Brown, W.J. & Mielke, G.I. Trajectories of physical activity from mid to older age in women: 21 years of data from the Australian Longitudinal Study on Women's Health. *Int J Behav Nutr Phys Act* 21, 4 (2024). <https://doi.org/10.1186/s12966-023-01540-z>
- Keawtep, P., Sungkarat, S., Boripuntakul, S. et al. Effects of combined dietary intervention and physical-cognitive exercise on cognitive function and cardiometabolic health of postmenopausal women with obesity: a randomized controlled trial. *Int J Behav Nutr Phys Act* 21, 28 (2024). <https://doi.org/10.1186/s12966-024-01580-z>
- Kwok WS, Khalatbari-Soltani S, Dolja-Gore X, Byles J, Oliveira JS, Pinheiro MB, Sherrington C. Differences in falls and physical activity in older women from two generations. *The Journal of Gerontology: Series A Medical Sciences* Accepted January 2024 A Medical Sciences Accepted January 2024

Do you have a new paper you would like highlighted? Email us at ageing_sig@isbnpa.org

**Have anything to add to the next issue? Let us know by sending
an email to ageing_sig@isbnpa.org**

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