









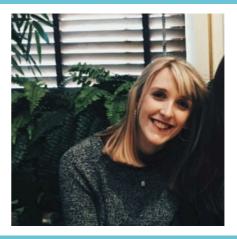
Updates from the Cancer Prevention and Management SIG

We are looking forward to the upcoming ISBNPA Annual Meeting from May 20-23, 2024! To help you plan, we will send an additional newsletter with CPM-sponsored sessions and more details regarding activities at this year's conference next month. Keep an eye out!



Meet CPM's Newest Member

Leanne Shearsmith recently joined the CPM Executive Committee as the Secretary. Leanne is currently a Research Assistant at the Leeds Institute of Health Sciences, where she is working on the APPROACH Trial, which is exploring the potential of a mobile phone application to increase physical activity among Yorkshire cancer patients. Her primary research interest is using behavioural science to support those living with and beyond cancer, with a focus on Patient and Public Involvement and Engagement (PPIE). Welcome, Leanne!



CPM Member Research Awards and Highlights

The 2023 CPM Early Career Seed Funding recipient is Jordan Curry, BSc (Hons), PGCert, MSc, AFHEA.

Jordan is an Academic Clinical Exercise Physiologist and Research Associate on the CANBENEFIT II and CANFit trials at the Hull York Medical School and Wolfson Palliative Care Research Centre at the University of Hull, UK. He is completing his PhD in Medical Sciences with a focus on exercise oncology and digital technology. His project, "Understanding barriers and facilitators to implementing exercise interventions for patients receiving immune checkpoint inhibitor (ICI) treatment: a qualitative study," will explore the barriers and facilitators that could influence the multilevel implementation of exercise



alongside ICI treatment to inform intervention development and future trial design. Congratulations, Jordan!

Jordan will also present his doctoral research process and findings on the feasibility and acceptability of ExerciseGuide UK, a web-based platform offering personalised physical activity programmes and educational resources for individuals living with and beyond lung cancer. Through a mixed-methods approach, Jordan co-designed ExerciseGuide UK iteratively with patient and public involvement members. The presentation will highlight the steps taken during his doctoral journey and share valuable insights gained through this research, shedding light on the importance of patient engagement in the development of such resources. More information below.

Collaboration Corner and Announcements

ISBNPA "Building Future Leaders" Program

This pilot program will focus on core leadership modules of strategic thinking and decision making, building a successful team, and networking and collaboration. The Leadership Development Program is currently seeking expressions of interest from MCRs to be involved in the very first pilot program to be run May-August 2024.

If you are interested, please complete the form [using this link]

Applications will close on the 20th April 2024 11:59pm (CET time)

If you have any questions about the program, please do not hesitate to contact the Leadership Development Program Co-Chairs, **Steph Chappel** and **Jenna Hollis**.

Webinars and/or Conferences of Interest



April 19, 13:00 UTC

Cancer Prevention and Management SIG of ISBNPA, Physical Activity SIG of the Society of Behavioral Medicine (SBM), and Cancer SIG of the UK Society for Behavioural Medicine (UKSBM) Joint Webinar

Title:

Prehabilitation in Cancer Care

When:

April 19, 2024, 13:00 UTC

Who: Speakers:

Daniel Santa Mina, Associate Professor, University of Toronto

Louise H. Hall, Research Fellow, University of Leeds

Moderators:

Hannah Doughty, Research Associate, University of Liverpool

Becca Beeken, Associate Professor, University of Leeds

Linda Trinh, Assistant Professor, University of Toronto

Register **HERE**

National Cancer Institute (NCI) Obesity and Cancer Webinar Series

Title:

Intersecting Multilevel Determinants of Cancer Outcomes and Disparities among Hispanic/Latine Populations

When:

April 29, 2024, 18:00 UTC

Who:

Speakers:

Linda C. Gallo, Professor, San Diego State University

Heather Greenlee, Associate Professor, Fred Hutchinson Cancer Center

Moderators:

Tanya Agurs-Collins, Program Director, NCI Behavioral Research Program Adaora Ezeani, Postdoctoral Fellow, NCI Behavioral Research Program Catherine Pichardo, Postdoctoral Fellow, NCI Behavioral Research Program

Register and view past presentations **HERE**

CPM Member Presentation: Jordan Curry

Title:

The Evolution of ExerciseGuide UK: Exploring Feasibility and Acceptability in Lung Cancer

When:

April 30, 2024, 0:00 UTC

Where:

UTS, Ultimo NSW, Australia (or online)

Who:

Jordan Curry, Research Associate, University of Hull

Register **HERE**

American College of Sports Medicine (ACSM) Annual Meeting

Title:

2024 ACSM Annual Meeting

When:

May 28-31, 2024

Where:

Boston, MA, USA

More information and registration **HERE**

American Cancer Society and Cancer Research UK Joint Conference

Title:

The Cancer Prevention Research Conference

When:

June 25-27, 2024

Where:

Boston, MA, USA

More information and registration **HERE**

The American Society for Nutrition (ASN) Conference

Title:

Nutrition 2024

When:

June 29-July 2, 2024

Where:

Chicago, IL, USA

More information and registration **HERE**

Recent Publications

- Wagoner, C. W., Dreger, J., Keats, M. R., McNeely, M. L., Cuthbert, C., Capozzi, L. C., Francis, G. J.,
 Trinh, L., Campbell, K., Sibley, D., Langley, J., & Culos-Reed, N. (2024). Exercise and Behaviour Change
 Support for Individuals Living with and Beyond Cancer: Interim Results and Program Satisfaction of the
 EXCEL Study. JSAMS Plus. https://doi.org/10.1016/j.jsampl.2024.100055.
- Fujita, R., Tinker, A., Fujisawa, N., Holmes, A., Hanley, G. E., Mackey, D. C., Trinh, L., Lesser, I., Mackenzie, K. A., Larnder, A., Murphy, R. A., Smith, G. V. H., Lam, J. A., & Campbell, K. L. (2024). Prospective single-arm feasibility of a supervised virtual exercise in women living with ovarian cancer: The BE-BALANCED Study. Rehabilitation Oncology, 42(1), 47-57, doi: 10.1097/01.REO.0000000000000361.
 Neville, A. R., Bernstein, L. J., Sabiston, C. M., Jones, J., & Trinh, L. (2023). Feasibility of a Remotely-
- Neville, A. R., Bernstein, L. J., Sabiston, C. M., Jones, J., & Trinh, L. (2023). Feasibility of a Remotely-Delivered Yoga Intervention on Cognitive Function in Breast Cancer Survivors: A Mixed-Methods Study. Frontiers in Cognition, 2, https://doi.org/10.3389/fcogn.2023.1286844
- Doughty, H.C., Hill, R.A., Riley, A. et al. Barriers to and facilitators of physical activity in adults living with and beyond cancer, with special emphasis on head and neck cancer: a systematic review of qualitative and mixed methods studies. Support Care Cancer 31, 471 (2023). https://doi.org/10.1007/s00520-023-07925-x

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