









E-blast

XChange 2023 is LIVE!

Get ready for the highly anticipated XChange 2023, the annual online meeting hosted by ISBNPA! This exciting event will **kick off on October 12 at 1800 UTC** and will span over six hours. With a jam-packed schedule featuring over 50 captivating presentations and two engaging round-table discussions, this is an event you won't want to miss.

We are thrilled to extend an invitation to all members of ISBNPA, ensuring a potential attendance of over 1200 individuals. The XChange presents a remarkable **opportunity to reconnect with colleagues from the Uppsala ISBNPA2023** meeting and expand your professional network. Additionally, you'll have the chance to stay up-to-date with groundbreaking research in the fields of behavioral nutrition and physical activity.

All the **oral and on-demand session videos are readily available**, allowing you to watch them in advance and begin interacting with the presenters. In addition, you have the option to arrange small group meetings or reach out to any member of the ISBNPA community to start networking and maximize the opportunities provided by the XChange.

Participation in the XChange is completely free for all ISBNPA members. Simply sign up in the link below using your email for access to the web app version of the meeting and start networking right away (or click on the image).

ISBNPA XChange 2023 App

Mark your calendars and secure your spot at the XChange 2023. Prepare to be inspired, educated, and motivated by the presenters and participants at the XChange 2023. Don't miss out on this incredible chance to enhance your knowledge and foster meaningful connections. We look forward to seeing you there!

ISBNPA XChange 2023 Website

ISBNPA 2024 Call for Abstracts and Symposia is Open

ISBNPA never stops...

We are excited to announce that we are already making preparations for the in-person meeting scheduled for May 20-23, 2024 in Omaha, US.

The central theme of this conference is "Policies, Systems, and Environments Towards Health Equity." We are in the process of curating an exceptional lineup of keynote speakers who will delve into this important topic.

We strongly encourage you to actively participate in the ISBNPA 2024 conference by submitting your best research. The call for abstracts and symposia is now open [HERE], and we kindly request that you adhere to the following deadlines:

- October 30 for symposia submissions
- December 4 for oral presentations

Additionally, we would like to inform you that the dar2Share sessions, workshops, and satellite meeting calls are also open. To learn more about the ISBNPA 2024 meeting, please visit our annual meeting website [HERE] or click the image below.

We look forward to your valuable contributions and a successful conference in Omaha!



Nominations for the 2024 ISBNPA Executive Committee Elections

We have several openings for the 2024 election. You can nominate any ISBNPA member or present a self-nomination.

The available positions are:

- President-elect (term starts in June 2024, then the President term is from June 2025-2027)
- Treasurer-elect (term starts in June 2024, then the Treasurer term is from June 2025-2028)
- ECR representative (term runs from June 2024-2026)
- Student representative (term runs from June 2024-2026)
- Two members-at-large (term runs from June 2024-2027)

The deadline for the nominations is October 20, 2023.

You can see the current composition of the Executive Committee in the link below https://isbnpa.org/about-us/who_we_are/officers/

And you can submit your nominations already [HERE]

Learn more on our website nominations page. [HERE].

Webinars and SIG Business Meeting

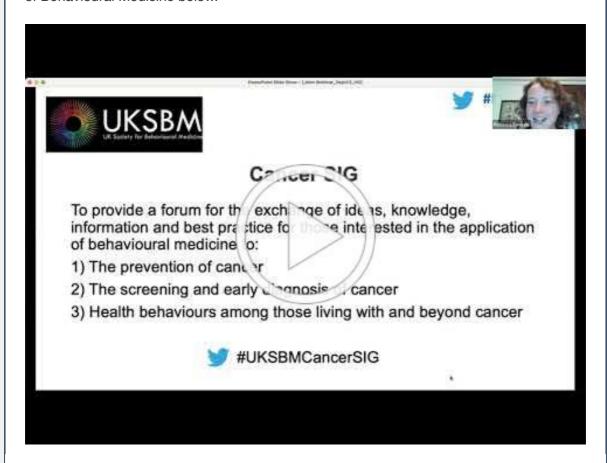
ISBNPA never stops, again...

Next October 10, 0900 UTC, <u>ISBNPA Mentoring Program. Optimizing Mentorship:</u>
<u>Perspectives from Mentors and a Mentee</u>

Next **October 17, 2100 UTC**, there will be a **Socio-Economic Inequalities SIG Business meeting**.

And you can watch all the recordings of the webinars on our **YouTube channel**.

Watch the latest one below. It was a joint Webinar: Cancer Prevention and Management SIG of ISBNPA, UK Society of Behavioural Medicine, Physical Activity SIG of the Society of Behavioural Medicine below.



NESI Corner

Student and ECR Spotlight

Corinne Davis is a current PhD student in the Department of Nutrition, Dietetics and Food at Monash University, Australia - and also has a background in urban planning! Learn more about Corinne's journey here.

Are you our next student or ECR to spotlight on the NESI blog? Fill out this form if you're interested in being profiled.

The NESI Committee is Growing - Deadline Extended!

Want to help shape the future of NESI? The NESI committee are looking for new members to join our workshop/webinar and communications subcommittees. If you are interested in these roles, please **email us your application** by Friday, October 6 and include:

- A 1-page CV
- A short (~150 word) description of why you want to join the NESI committee, including which subcommittee you would be interested in joining
- A 30 second audio or video clip describing why you would be a good addition to the team (optional)

More information about NESI and the NESI subcommittees can be found here. Don't hesitate to email questions to nesi.isbnpa@gmail.com.

Stay Tuned at









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