



September 2023

[President's Message](#)

Stay tuned

[XChange 2023](#)[ISBNPA Annual Meeting 2024](#)[Membership](#)[IJBNPA](#)[NESI](#)[Latest @IJBNPA](#)

What's new @ISBNPA



President's Message

Ester Cerin

Greetings from Down Under! I hope our Northern Hemisphere colleagues enjoyed their summer break and are now fully recharged to start the next ISBNPA cycle of exciting activities and events.

We ended the previous cycle with the fantastic annual meeting in Uppsala which broke records (1302 attendees from 48 countries, yeah!) and exceeded expectations, including a 7-day streak of Mediterranean-like summery weather. Kudos to the past president, organising committee and ... each one of you, really. However, this is not all for this year. As you well know, ISBNPA does not leave its members idle for too long. XChange2023 is coming up in about a month time. This 6-hour online component of ISBNPA2023 will give you the opportunity to reconnect with your international colleagues and appreciate the fantastic efforts and fresh ideas of our new generation of researchers, represented by the NESI group. I'd like to remind you that all ISBNPA members and those who attended the annual meeting in Uppsala will have free access to XChange2023. I strongly recommend you make the most out of this opportunity. If you wonder what I am basing my recommendation on, please have a (second) look at our [July 2023 newsletter](#) and [XChange 2023 website](#) and prepare to be amazed!

By the way, speaking about annual meetings, it's already time to prepare for the next in-person meeting, which will be held in Omaha on 20-23 May 2024. Submissions are now open for [satellite meetings](#) and [pre-conference workshops](#), with those for symposia, dare2share and regular abstracts to follow shortly. So please think about how you can contribute to making Omaha2024 a great success story and go for it!

Another very important item on the ISBNPA calendar that I would like to remind you of is the call for executive committee nominations, which will open on September 18. This is a big year. We are seeking nominations for six positions, including the President-elect, Treasurer, an ECR representative, a student representative and two members-at-large. Please consider this very important opportunity and send your nominations.

Wishing you a fruitful, enjoyable and healthy ISBNPA year ahead,

Ester

President's take on Climate Action



In this new section of our newsletter, ISBNPA aims to energize our community into climate action. Read through the first President's take on Climate Action below.

I would like to finish with a thought (or two) about climate action and make this a regular component of my messages. This summer, the Northern hemisphere has been witnessing many destructive extreme weather events. Here, Down Under, we recorded the warmest winter since records started. Spring is likely to deliver hotter than average temperatures too. We need to think about what we as a society and as individuals can do about it.

There are many things we can do. For example, let's have a climate conversation with a colleague at work and connect with those who can champion change in our workplace. What climate solutions and opportunities can we find in our workplace? Let's give it a thought (or two) and act ...



XChange 2023

Join XChange 2023, the virtual sister conference of ISBNPA 2023, on Oct 12, 2023 (UTC). Explore Climate Change and tech-driven research through riveting oral sessions and engaging round-tables.

Attention all current ISBNPA members! We're thrilled to announce that you will receive complimentary access to the highly-anticipated XChange 2023. Keep a close eye on your inboxes for upcoming instructions.

The entire scientific program and all the information about XChange is available on our [website](#) and in the supporting app.

Not yet a member? [Join now](#) and seize the opportunity to enjoy ISBNPA 2024 membership alongside exclusive access to XChange 2023. Don't miss out!

ISBNPA 2024 - call for abstracts and symposia

We are thrilled to announce our excitement about the ISBNPA 2024 conference in Omaha, US (May 20-24)!

Mark your calendars, as the **call for abstracts and symposia will open on September 19**. This is an incredible opportunity to showcase your cutting-edge research and ideas. Stay tuned for further updates and join us in shaping the future at Omaha 2024!

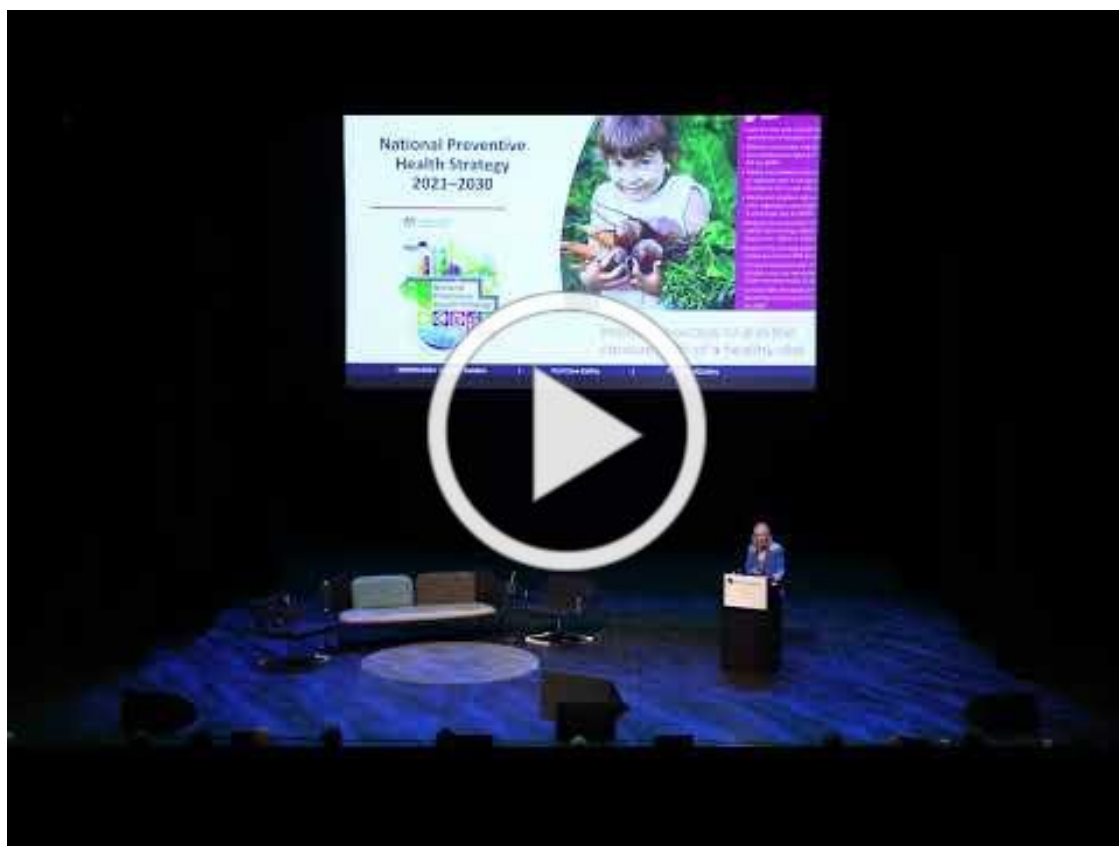
For all news and information about ISBNPA 2024 in Omaha visit our [annual meeting website](#).



ISBNPA 2023 Keynote Recordings

We are thrilled to announce that all keynote recordings from the highly successful ISBNPA 2023 conference are now available for viewing! This year's event, our largest meeting to date, featured record breaking and impressive array of presentations and boasted a remarkable diversity in the number of participating countries.

Make sure you [subscribe to our YouTube channel](#); we are making all the previous webinars and other initiatives (since 2015) available in the upcoming months.



Membership

We are thrilled to announce that the renewal campaign for ISBNPA 2024 membership is now open! As a valued member, you will gain exclusive access to a plethora of benefits, including a **50% discount on publication fees in IJBNPA** and the highly anticipated XChange 2023 conference.

By renewing your membership for the upcoming year, you will secure your spot at XChange 2023 - an extraordinary event where leading experts, researchers, and professionals in the field of behavioral nutrition and physical activity come together to exchange knowledge, network, and collaborate on groundbreaking initiatives.

Nominations

Moreover, we are excited to inform you that nominations for the executive committee elections for 2024 will commence in late September. This is a fantastic opportunity to be part of the decision-making process within ISBPA and make a significant impact on the society's future direction.

Several positions will be up for election, including the prestigious role of President-Elect, Treasurer, and numerous Member-at-Large positions. We strongly encourage you to think about potential nominees who possess exceptional leadership qualities or consider preparing your self-nomination if you believe you have what it takes to contribute positively.

The executive committee plays a pivotal role in shaping ISBPA's strategies and initiatives towards advancing behavioral nutrition and physical activity worldwide. This is your chance to be at the forefront of groundbreaking developments within our field.

Don't miss out on this incredible opportunity! Renew your membership today by [visiting our website](#). Keep an eye out for further announcements regarding executive committee nominations in late September.

Overview of the year for ISBNPA

The ISBNPA year has been an exciting one filled with strategic planning and initiatives that aim to make a lasting impact.

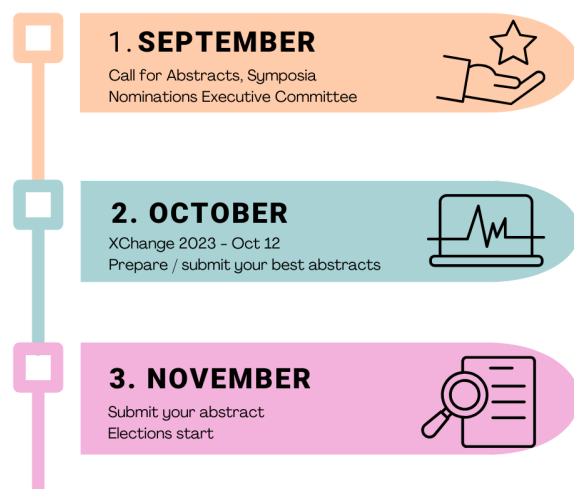
The next three months are pictured in the image, but there much more happening.

We are thrilled to share that we have been actively working on various fronts. Our focus has been on four main initiatives:

- **climate action,**
- **growing the next generation,**
- **inclusivity and diversity,**
- **and impact.**

We have organized several meetings to discuss these crucial topics and gather valuable input from our community. We encourage everyone to visit [our website](#) regularly to stay updated on our strategic plan initiatives and get involved.

Feel free to reach out to us if you have any questions or want to contribute your ideas. Together, we can make a difference!



Upcomming Webinar

[Sept 25, 2023 \(UTC\) Joint Webinar: Cancer Prevention and Management SIG of ISBNPA, UK Society of Behavioural Medicine, Physical Activity SIG of the Society of Behavioural Medicine](#)

IJBNPA

We delighted to announce the new editor-in-chief team for our esteemed journal, the International Journal of Behavioral Nutrition and Physical Activity (IJBNPA).

We are thrilled to welcome Ric Rosenkranz and Melanie Hingle as the new co-editors-in-chief of IJBNPA. Both bring a wealth of knowledge and expertise in the field, which will undoubtedly further enhance the journal's reputation as a premier publication for cutting-edge research.

In addition to our new editor-in-chief team, we are excited to introduce several distinguished new members who have joined our editorial board. These individuals bring diverse perspectives and areas of expertise, ensuring that IJBNPA continues to publish high-quality research that addresses key issues in behavioral nutrition and physical activity.

Furthermore, we are pleased to announce the appointment of a new journal manager who will work closely with our esteemed editorial team. Their expertise and dedication will streamline operations and ensure that authors receive exceptional support throughout the publication process.

IJBNPA remains committed to its position as the top journal in behavioral nutrition and physical activity research. We take great pride in maintaining our high impact factor over the past years, which reflects the continued relevance and influence of our published studies.

We invite researchers, academics, and practitioners from around the world to submit their groundbreaking work to our esteemed journal. With Ric Rosenkranz, Melanie Hingle, and an exceptional editorial board leading the way, we are confident that IJBNPA will continue to be at the forefront of advancing knowledge in this critical field.

For more information about submitting manuscripts or accessing published articles in IJBNPA, please [visit our website](#).



Bookmark the [new NESI website](#)

Calling all students and ECR members of ISBNPA!

The NESI committee are recruiting new members! We are looking for new members to join our workshop/webinar and communications subcommittees. If you are interested in these roles, please [email us your application](#) and include:

- A 1-page CV
- A short (~150 word) description of why you want to join the NESI committee, including which subcommittee you would be interested in joining
- A 30 second audio or video clip describing why you would be a good addition to the team (optional)



More information about NESI and the NESI subcommittees can be found [here](#). Don't hesitate to email questions to nesi.isbnpa@gmail.com.

Meet our New Student and ECR Spotlights

Katie Edwards is a postdoctoral researcher at Aston University. Katie is particularly interested in parent feeding practices and how they can support the development of children's healthy eating. Read more [here!](#)

Reach us!

Follow [@ISBNPA](#) on twitter and [#NESI_ISBNPA](#) for NESI-related messages on twitter, linkedIn, instagram or facebook. Any questions or comments? A publication to highlight?

[Email us](#) anytime!
Take care!

Latest articles @IJBNPA

Hall, A., Lane, C., Wolfenden, L. et al. Evaluating the scaling up of an effective implementation intervention (PACE) to increase the delivery of a mandatory physical activity policy in primary schools. Int J Behav Nutr Phys Act 20, 106 (2023). <https://doi.org/10.1186/s12966-023-01498-y>

Hoveling, L.A., Lepe, A., Boissonneault, M. et al. Educational inequalities in metabolic syndrome prevalence, timing, and duration amongst adults over the life course: a microsimulation analysis based on the lifelines cohort study. Int J Behav Nutr Phys Act 20, 104 (2023). <https://doi.org/10.1186/s12966-023-01495-1>

Kretschmer, L., Salali, G.D., Andersen, L.B. et al. Gender differences in the distribution of children's physical activity: evidence from nine countries. Int J Behav Nutr Phys Act 20, 103 (2023). <https://doi.org/10.1186/s12966-023-01496-0>

Stein, M.J., Baurecht, H., Sedlmeier, A.M. et al. Association between circadian physical activity patterns and mortality in the UK Biobank. Int J Behav Nutr Phys Act 20, 102 (2023). <https://doi.org/10.1186/s12966-023-01508-z>

International Society of Behavioral Nutrition and Physical Activity | www.isbnpa.org, 1300 S.
2nd St, Suite 300,
Minneapolis, MN 55454

[Unsubscribe isbnpaorganization@gmail.com](mailto:isbnpaorganization@gmail.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by socialmedia@isbnpa.org powered by



Try email marketing for free today!