



ISBNPA

Cancer Prevention and Management SIG



Message from the Outgoing Chair

Dear Cancer Prevention and Management SIG Members,

It has been a wonderful and rewarding two years serving as Chair of the Cancer Prevention and Management SIG. I have enjoyed collaborating with such dedicated members who are enthusiastic about advancing the SIG's mission in behavioural medicine and cancer research. Together, we made significant strides in this critical research area.

As I transition to the immediate past chair, I would like to welcome the new Chair of the CPM SIG. Dr. Rebecca Beeken is an Associate Professor in the School of Medicine at the University of Leeds. Her academic background is in behavioural science and health psychology, and her primary research interest is in behaviour change for cancer prevention and control. She has been highly involved in the SIG over the past several years in various leadership positions and her passion for behavioural science will contribute to a thriving SIG. Please join me in welcoming Dr. Rebecca Beeken in her new role!

Linda Trinh, PhD



Message from the Incoming Chair

Dear Cancer Prevention and Management SIG Members,

I am delighted to be taking on the role of Chair of our SIG. I have been part of the SIG for 5 years, having first joined as Secretary, and then acting as Deputy Chair for Linda over the last 2 years. It has been a pleasure to watch the SIG grow and develop, and to have the opportunity to meet so many brilliant researchers via the SIG. I'm looking forward to meeting more of you over the next couple of years, both at our webinars and, hopefully, in person at the ISBNPA Annual meetings. I want to take this opportunity to thank Linda for all of the hard work that she has put into the SIG. Linda has been an excellent Chair over the last few years and she will continue to work with us as immediate past-chair.

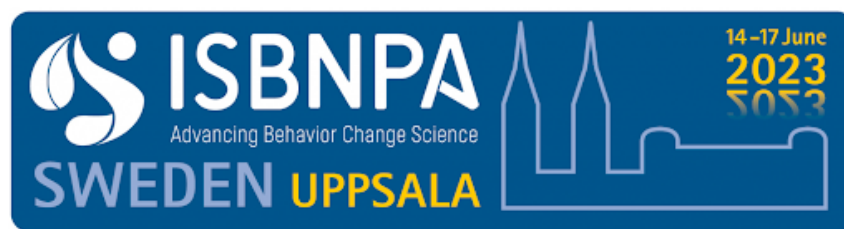
We have some exciting opportunities and events coming up over the next little while. The deadline is approaching for our Seed Funding Call. This has been developed to assist ECRs and/or senior PhD students with a research initiative or project and/or to collect pilot data to inform future research endeavours. Funding of up to \$1,450 USD is available, and the deadline is Sept 18th. We've had some great applications for this over the last 2 years, and we're looking forward to supporting a new project in the area of cancer prevention and management. We also have an upcoming webinar on September 25th. Associate Professor Nicolas Hart will be presenting on the important topic of 'How to recruit patients with advanced or rare cancers into research studies'. Our members raised this topic as something they wanted us to cover, so please do get in touch if there are any other areas that you would like us to host webinars on in the future. Similarly, we are always keen to hear from our members, so if there are things you would like to see us do going forward, or things you'd like us to do differently, please don't hesitate to get in touch. We would also be delighted to hear from anyone who is interested in putting together a symposium on Cancer Prevention and Management for ISBNPA 2024, which will take place in Omaha. Submissions will be open soon so keep an eye out!

Looking forward to working with you all, and I will hopefully see some of you online on the 25th!

Rebecca Beeken, PhD



Recap of Cancer Prevention and Management at ISBNPA



CPM SIG Business Meeting

It was great to see everyone in-person in Uppsala! During the ISBNPA Annual Meeting 2023, the Cancer Prevention and Management Special Interest Group (CPM SIG) held an engaging business meeting. The session covered various topics, including a review of the SIG's achievements over the past year and its growing presence at annual events. An exciting area of interest discussed was "Prehab" in oncology research, focusing on the collaboration of three key pillars: exercise, nutrition, and mental well-being. The meeting also addressed the challenges of recruiting difficult populations into research and the



importance of including advanced cancer cases. These discussions highlighted the SIG's commitment to advancing cancer prevention and management strategies.



Cancer Prevention and Management Award Winners

Kudos to the CPM SIG award winners from the ISBNPA Annual Meeting! Join us in congratulating them on their exciting research!

Angela Fong, PhD, from University of Michigan, was awarded Best Oral Presentation for her project, "*Feasibility and preliminary efficacy of an online-delivered resistance exercise intervention among racially diverse breast cancer survivors: The B-REP Trial.*"



Hania Taha, PhD, from University of Illinois at Urbana-Champaign, was awarded Best Student/ECR Poster for her project, "*Preliminary effects of a carbohydrate-restricted, high-fat diet in head and neck cancer patients undergoing radiotherapy: A pilot randomized controlled trial.*"

Renate Winkels, PhD, from Wageningen University & Research, won Best Overall Poster for her project titled, "*Design and baseline results of the SoFiT study: a randomized controlled intervention to study the effect of a personalized lifestyle program on cancer-related fatigue in colorectal cancer survivors.*"



Early Career Researcher/PhD Student Seed Funding



Emily Hill, PhD, RDN, the 2022 CPM SIG seed funding recipient, is a Postdoctoral Fellow at the University of Colorado Anschutz Medical Campus working on the co-design of a survivorship nutrition program for individuals with overweight or obesity and a history of cancer. The goal of her project is to develop and implement a nutrition component within an existing clinical exercise oncology program. As part of the co-design process, Dr. Hill interviewed program delivery staff, experts in survivorship care, and individuals with a history of cancer to create the integrated program. Results from her seed funding project were used to inform the program curriculum and have laid the groundwork for a proof-of-concept intervention that will begin in early 2024.

We are now seeking applications for the 2023 ECR/PhD Student Seed Funding Award. This seed funding opportunity has been developed to assist ECRs and/or senior PhD students with a research initiative or project and/or to collect pilot data to inform future research endeavours. Projects are one year in length, and total funding support is available up to \$1,450 USD. Deadline to apply is September 18, 2023. To access the application, click [here](#).

Collaboration Corner and Announcements

Spotlight on CPM SIG Member: Cindy Forbes

CPM SIG member, Cindy Forbes, has accepted a permanent contract at the University of Hull as a Lecturer in Physical Activity. Congratulations, Cindy!

Consider Joining the CPM SIG Executive Committee!

If you would like to be more involved in ISBNPA and have an interest in behavior, nutrition, and/or physical activity along the cancer control continuum, consider joining our CPM SIG team! We are currently looking for individuals to serve in the roles of Secretary, Social Media Officer, and Student Representative. If interested, reach out to our incoming CPM SIG Chair, Rebecca Beeken at R.Beeken@leeds.ac.uk for more information.

Frontiers in Cognition Special Issue Call for Submissions

Outgoing CPM SIG Chair, Linda Trinh, is serving as a guest editor for an upcoming special issue in physical activity and cancer-related cognitive change in *Frontiers in Cognition*. Studies evaluating traditional and alternative modes of exercise, non-exercise and lifestyle physical activity, and sedentary behavior alongside standard neuropsychological tests, novel methods of cognitive assessment, patient-reported cognition, or neurobiological/neurophysiological measures are welcome. Consider submitting your work for inclusion in this special issue! Submissions are due September 12, 2023. More information can be found [here](#).

 frontiers | Research Topics

Physical activity and cancer-associated cognitive change



Webinars and/or Conferences of Interest

Cancer Prevention and Management SIG of ISBNPA, Physical Activity SIG of the Society of Behavioral Medicine (SBM), and Cancer SIG of the UK Society for Behavioural Medicine (UKSBM) Joint Webinar

Title:

How to recruit patients with advanced or rare cancers into research studies

When:

September 25, 2023, 7:00 UTC

Who:

Speaker:

Nicolas Hart, University of Technology Sydney

Moderators:

Hannah Doughty, University of Liverpool

Rebecca Beeken, University of Leeds

Register [HERE](#)

NIH National Cancer Institute Obesity & Cancer Webinar Series

Title:

Varies

When:

Previously recorded sessions available

Who:

Varies

Links to view [HERE](#)

The European Network for the Promotion of Health-Enhancing Physical Activity (HEPA) Conference

Title:

18th Annual Meeting and 12th Conference of HEPA Europe

When:

September 11-13, 2023

Where:

Leuven, Belgium

More information [HERE](#)

The Association for the Study of Obesity (ASO) Conference

Title:

UK Congress on Obesity (UKCO)

When:

September 14-15, 2023

Where:

Belfast, UK

Register [HERE](#)

International Cancer Education Conference

Title:

2023 International Cancer Education Conference (ICEC)

When:

October 3-6, 2023

Where:

Toronto, ON, CA

Register [HERE](#)

The Academy of Nutrition and Dietetics Annual Conference

Title:

Food and Nutrition Conference and Expo (FNCE)

When:

October 7-10, 2023

Where:

Denver, CO, USA

Register [HERE](#)

The Obesity Society (TOS) Annual Conference

Title:

ObesityWeek

When:

October 14-17, 2023

Where:

Dallas, TX, USA

Register [HERE](#)

Recent Publications

- Bastas D., Tabaczynski, A., Whitehorn., A., & Trinh L. (2023). Preferences and Engagement with Physical Activity Resources among Cancer Survivors During the COVID-19 Pandemic. *Supportive Care in Cancer*. 31(7): 374. doi: 10.1007/s00520-023-07813-4 2.
- Trinh, L., Tabaczynski A., Bastas, D., Neville, A. R., Voss, M. L., & Whitehorn, A. (2023). Changes in Physical Activity, Sedentary Behavior and Self-Reported Cognitive Function in Cancer Survivors Before and During the COVID-19 Pandemic: A Cross-Sectional Study. *Journal of Sport and Health Science*, 4;S2095-2546(23)00056-X. doi: 10.1016/j.jshs.2023.06.001.
- Kennedy, F, Lally, P, Miller, NE, et al. (2023). Fatigue, quality of life and associations with adherence to the World Cancer Research Fund guidelines for health behaviours in 5835 adults living with and beyond breast, prostate and colorectal cancer in England: A cross-sectional study. *Cancer Medicine*. 12: 12705-12716. doi:10.1002/cam4.5899

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