



July 2023

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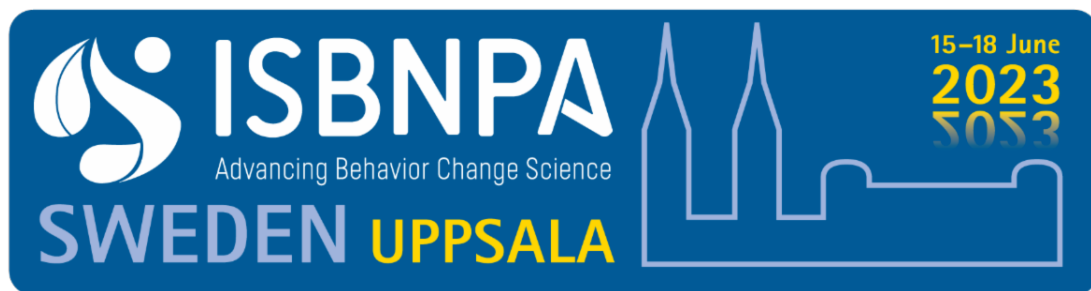
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What's new @ISBNPA



ISBNPA Vintage

Our community has one saying when something extraordinary happens: we call those moments "ISBNPA Vintage".

Based on the valuable feedback received from all the participants at ISBNPA2023, it is without a doubt that the Uppsala conference was an exceptional event. It left a lasting impression with numerous memorable moments.

The opening ceremony was a standout, setting the tone for the conference and creating an atmosphere of excitement and anticipation. The impactful keynotes delivered thought-provoking insights and inspired all attendees. The dare2share session or symposia provided a platform for meaningful discussions and exchange of ideas among participants.

Additionally, there were remarkable scientific presentations during the oral sessions, and the interaction with poster presenters allowed for engaging conversations and further exploration of interesting topics.

And let's not forget about **the dancing before the keynotes!** This added an element of fun and camaraderie to the event, fostering connections and creating a vibrant energy throughout.

Photo Collage

These cherished memories are what transformed the Uppsala meeting into an unforgettable ISBNPA Vintage moment. We are truly appreciative of everyone who played a role in making it happen. A special acknowledgment goes out to the exceptional team from Sweden, led by Marie Lof and Paulina Nowicka, who collaborated closely with the Organizing Committee and Venue West to meticulously plan and execute ISBNPA2023.



XChange2023

But ISBNPA2023 is still ongoing, with the addition of the online XChange2023 event. This six hours virtual gathering will offer approximately 70 presentations, including round-table discussions, symposia, and oral presentations. The XChange 2023 is scheduled for October 12, 2023. We warmly invite all participants to join us for another memorable ISBNPA meeting and contribute to creating a truly remarkable and memorable experience.

Let's make XChange2023 an ISBNPA Vintage moment together!

The highly anticipated online component of the ISBNPA Annual Meeting, known as [XChange2023](#), is just around the corner, taking place on October 12, 2023. This exciting event will span over 6 hours and is being spearheaded by the talented members of our NESI team, who are known for their fresh perspectives and innovative ideas.

To stay updated with all the latest information about XChange2023, be sure to regularly check out our website as we will be making frequent updates in the coming weeks. It's an excellent opportunity to learn more about this groundbreaking event and what it has in store for attendees.

We are thrilled to announce that notifications for selected abstracts have already begun going out this week. These abstracts will be featured in approximately 20 oral sessions with live Q&A. Additionally, we have selected another 50 presentations for On-Demand sessions. These pre-recorded presentations will include asynchronous Q&A opportunities, allowing participants to engage with the content at their own convenience.

In addition to these exciting sessions, XChange2023 will feature two engaging round-table discussions. The first will explore the **use of technology to enhance research efforts**. Discover how cutting-edge tools and techniques can revolutionize your approach and propel your work forward. The second round-table discussion will delve into the **intriguing intersection of behavioral nutrition, physical activity, and climate action**. Gain insights into how these areas can intersect and drive positive change on a global scale.

XChange2023 promises to be an extraordinary event that brings together top minds in the field of behavioral nutrition and physical activity. Don't miss out on this invaluable

opportunity to expand your knowledge and connect with like-minded professionals from around the world. Mark your calendars for October 12, 2023, and get ready for an unforgettable experience!

The XChange2023 will be accessible through an app and online platform. Attendees of the in-person meeting in Uppsala or current ISBNPA members will receive free access to the XChange2023. Please check your email inbox for an invitation, which will be sent until early September.

If you haven't attended the in-person meeting, you can still join us by registering for the 2024 ISBNPA membership. By doing so, you will also have the opportunity to register for the XChange2023.

IJBNPA New Impact Factor - 8.7 (Q1)

Our journal, IJBNPA, holds a prominent place in our society as a vintage story of success. It consistently ranks among the top journals in the fields of Nutrition and Physiology, boasting an impressive **impact factor of 8.7**. At a time when many journals are witnessing a decline in their impact factors and the industry is facing various challenges, IJBNPA stands out as a shining example.

We extend our heartfelt gratitude to all those who contribute to the journal's success. We appreciate the researchers who share their best work with us, the diligent reviewers who provide valuable feedback, and the dedicated individuals serving on the Editorial board and as Editors-in-chief: Ric Rosenkranz and Melanie Hingle. Furthermore, we would also like to express our thanks to our publisher, Springer Nature BMC, represented by Elliot Cox.

Please take note that as an ISBNPA member, you are entitled to a remarkable 50% discount on the associated publishing cost. We highly encourage you to seize this incredible opportunity when publishing with us.

ISBNPA 2023 Video Recordings

The Uppsala meeting was a tremendous success, boasting a record-breaking attendance of over 1300 participants from 48 countries. To ensure that everyone can benefit from the valuable insights shared during this event, we have captured some of the sessions in the main room. These insightful videos will be gradually released on our official YouTube channel over the coming months.

We highly encourage you to visit our [YouTube channel](#) and hit the subscribe button (I always wanted to say that :-)) to stay updated with all the latest content. It's an exciting opportunity for us to connect with our audience and share knowledge, and we sincerely appreciate your support. So head on over to our channel and become a part of our growing community - we can't wait to have you on board!

For now, we have uploaded the Opening Ceremony and Abby King's Lifetime Achievement Keynote (see below)



NESI

Network of Early Career
Researchers and Students
of ISBNPA

Bookmark the [new NESI website](#)

NESI wants to hear from you!

NESI aims to host a number of activities throughout the year focused on addressing the needs of students and ECRs in the society. Please take a few moments (~5-10 minutes) to [complete this evaluation](#) about our activities over the past year and help improve the activities we offer!

Wondering if you're a member? Any student and ECR that are members of ISBNPA are automatically considered NESI members - please share with us!

NESI at ISBNPA 2023

Thanks to the NESI officers for planning some great events in Uppsala, Sweden.

The webinar/workshop team started off the conference with a pre-conference workshop with talks on effective research communication (Drs. [Vicki Lambert](#) and [Sjaan Gomersall](#)), reigniting passion for research and collaboration ([Professor Clare Collins](#)), and enhancing your profile on- and offline ([Dr. Matthew Hobbs](#)).

The networking team supported the NESI Zone and put on a NESI dinner at Katalin and all that jazz. Thanks to the team for making these events possible!

Reach us!

Follow [@ISBNPA](#) on twitter and [#NESI_ISBNPA](#) for NESI-related messages on twitter, linkedIn, instagram or facebook. Any questions or comments? A publication to highlight?

[Email us](#) anytime!

Take care!

Latest articles @IBNPA

Berge, J.M., Fertig, A.R., Trofholz, A. et al. Real-time predictors of food parenting practices and child eating behaviors in racially/ethnically diverse families. *Int J Behav Nutr Phys Act* 20, 86 (2023). <https://doi.org/10.1186/s12966-023-01476-4>

Parrish, AM., Okely, A.D., Salmon, J. et al. Making 'being less sedentary feel normal' - investigating ways to reduce adolescent sedentary behaviour at school: a qualitative study. *Int J Behav Nutr Phys Act* 20, 85 (2023). <https://doi.org/10.1186/s12966-023-01444-y>

Garner, J.A., Hanson, K.L., Jilcott Pitts, S.B. et al. Cost analysis and cost effectiveness of a subsidized community supported agriculture intervention for low-income families. *Int J Behav Nutr Phys Act* 20, 84 (2023). <https://doi.org/10.1186/s12966-023-01481-7>

Wang, P., Jiang, X., Tan, Q. et al. Meal timing of dietary total antioxidant capacity and its association with all-cause, CVD and cancer mortality: the US national health and nutrition examination survey, 1999-2018. *Int J Behav Nutr Phys Act* 20, 83 (2023). <https://doi.org/10.1186/s12966-023-01487-1>

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