

# Physical Activity for Health (PAfH) Measurement Training Course

Are you looking to develop your knowledge in Physical Activity (PA) behaviour and correlate measurement? This is the course for you!

## Invited Guest Speakers



**Prof Greet Cardon**  
(Ghent University, Belgium)

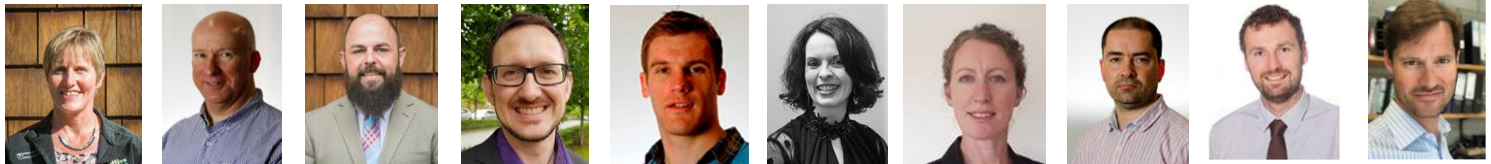


**Ass. Professor Tomas Vetrovsky**  
(Charles University, Prague)



**Dr. Kieran Dowd**  
Technological Uni of the Shannon

## PAfH Team



**Date:** 7th /8th September 2023

**Venue:** Physical Education and Sports Science (PESS) Building, University of Limerick.

**Application Process:** Submit a 500 word (max) expression of interest/motivation to attend this course to [Justyna.lis@ul.ie](mailto:Justyna.lis@ul.ie) by **August 4<sup>th</sup>**. Successful candidates will be informed by **August 11<sup>th</sup>**.

**Fee:** 160 euro (non UL applicant), Free (UL applicants)

For more information visit <https://pafh-ul.ie/>

Day 1, Thurs September 7 <sup>th</sup>			
Time	Title	Speaker	Venue
9.30-10.00	Registration		PESS Building
10.00-10.15	Welcome Address	Prof Elaine Murtagh (PAfH UL)	PESS Building P1007
10.15-11.00	Introduction to PA Measurement	Prof Catherine Woods (PAfH UL)	P1007
11.00-12.00	PA measurement and correlates in early childhood	Prof. Greet Cardon (University of Ghent, Belgium)	P1007
Dr. 12.00-1.00	Using Ecological Momentary Assessment (EMA) to explore determinants and correlates of physical activity	Dr. Tomas Vetrovsky (University Hradec Králové, Czech Republic).	P1007
13.00-14.30	Networking, Lunch and Consultations* *2.00-2.30 Break		Downstairs Lobby
2.30-3.30	Device based measurement of physical behaviours	Prof Alan Donnelly (PAfH UL)	P1007
3.30-4.30	Device based Lab Demo: Collection and analysis of activity behaviours using the activPAL 3 micro device.	Dr Grainne Hayes	P1007
4.30-5.30	Consultations	Dr Tomas Vetrovsky, Dr. Kieran O'Dowd and PAfH members	See consultations timetable
6.30-Close	Dinner Speaker and Dinner* Title TBC	Dr. Kieran O'Dowd TUS	Venue to be confirmed. Pavilion Restaurant, North Campus, UL.
<b>Note:</b> Keynote pre-dinner talk and dinner will take place in the Pavilion Restaurant on North Campus of the University of Limerick. See directions and venue information here: <a href="https://www.pavilion.ie/">https://www.pavilion.ie/</a>			

Day 2, Fri September 8 <sup>th</sup>			
Time	Title	Speaker	Venue
8.45-9.00	Tea and Coffee		PESS Building
09.00-10.00	Experiences of measuring PA: Panel Discussion	Dr. Tomas Vetrovsky, Prof Alan Donnelly, Dr Matthew Herring, Dr Grainne Hayes.	P1007
10.00-12.00 <i>Including 5-10 min break</i>	Laboratory techniques to investigate Physical Activity Biomedicine	Dr Brian Carson (PAfH UL)	P1007, PG050, PG047
13.30-15.30	Networking, Lunch & Consultations* (14.30-15.30 Consultations)	Tomas Vetrovsky and PAfH staff	Downstairs Lobby
12.13.30	Measurement of PA in Special Populations	Dr. Brendan O'Keeffe (children & adolescent field measures) Dr. Rosin Cahalane (clinical populations) Tomas Vetrovsky (clinical populations) Sean Healy (adapted physical activity)	Tbc (one room or several)?
3.30-4.00	Concluding Remarks	Prof Elaine Murtagh	P1007

**Opportunity to have 1:1 consultations with Physical Activity experts**



For more information visit <https://pafh-ul.ie/>