



# ISBNPA

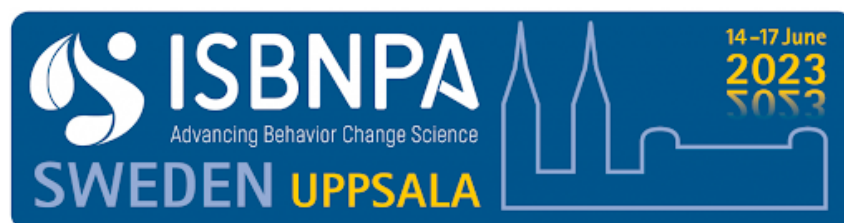
Participatory Research  
in Health Promotion



## Introduction

Dear Members of the International Society for Behavioural Nutrition and Physical Activity (ISBNPA),

We hope this message finds you well. We've just wrapped up another successful conference, this time in the stunning city of Uppsala, Sweden. We extend our deepest gratitude to all participants who contributed to the insightful discussions, innovative presentations, and collaborative networking sessions.



## SIG Business Meeting Outcomes

During our Special Interest Group (SIG) business meeting in Uppsala, we gathered several thoughtful inputs for our future activities. Your suggestions were inspiring, covering areas like potential webinar topics (participatory research integration and systems thinking, effective process evaluation, strategies to reach vulnerable groups) and resource sharing (methods for different age groups, facilitation training/courses). Furthermore, the idea of fostering collaborations with other SIGs such as Children and Families and Socioeconomic inequalities was positively received.

We sincerely appreciate your contributions, and we are excited to explore these ideas moving forward. Enclosed are two pictures from the meeting, capturing the moments when everyone was engrossed in sharing their ideas on paper.

## SIG Oral and Poster Presentations at ISBNPA

We would also like to highlight the remarkable presentations from our SIG nominees. We commend the efforts of our oral presentation nominees: **Tracy Kolbe-Alexander, Laura Belmon, and Allan Coffey**; and our poster presentation nominees: **Jessica Malloy, Thomas Sire, Ambria Crusan, Jordan Curry, Tina Gingell, Sophie Wright-Pedersen, Suzannah D'hooghe, and Ash Cox.**

A special congratulations to our highest scoring presenters:

- Tracy Kolby-Alexander for her exceptional overall oral presentation on "Toowoomba Healthy Towns: A citizen science initiative on active transport in Regional South-East Queensland, Australia".
- Laura Belmon for her insightful student oral presentation on "Perspectives of Spanish children on drivers of their energy balance-related behaviours: 'iChic@s en Acción!'".
- Tina Gingell for her impactful poster presentation on "Connecting with Cultural Foods: Exploring food security among people from refugee backgrounds."

Your achievements are a testament to your dedication to our field and a joy to our community. Keep up the excellent work!

## Leadership Development Programme

We want to know your thoughts! The ISBNPA Leadership Development Program are looking for interested ISBNPA members to participate in a focus group to understand what you would want to see and get out of a leadership course. If you are interested please register your details via the QR code.

## Coming Up

We look forward to the summer break (or winter, depending on your location 😊 ) to refresh and regroup, as we plan for the next season of activities and initiatives. As always, your continued support is fundamental to our collective success.

Until our next update, take care and stay inspired!

***Bye from everyone at the Participatory Research SIG***

**Oh, and save the date for the XChange 2023**



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