



May 2023

- [President's message](#)
- [ISBNPA Annual Meeting 2023](#)
- [Carbon Footprint @ISBNPA2023](#)
- [Strategic Plan Initiatives](#)
- [Webinars](#)
- [NESI](#)
- [Latest @JBNPA](#)

Stay tuned



What's new @ISBNPA



President's Message

Erica Hinckson



ISBNPA2023 is 20 days away

Making the most of ISBNPA2023

We are pleased to announce that the final scientific program for ISBNPA2023 is being added to the conference's app and abstract book.

Keep an eye on your inbox, as links to both resources will be released in the first days of June.

To make the most of your attendance at the conference, we recommend using these resources in conjunction with the informative ISBNPA webinar "[How to make the most of your attendance at a conference.](#)" Get ready for an exciting and insightful ISBNPA2023!

Social Activities and Networking

ISBNPA2023 has an extensive and diverse social program and several networking opportunities.

You can:

1. Register for a basketball event with teenagers from the Världsklass (World Class) initiative at the Summer Zone, a current promotion site for physical activities in collaboration with Uppsala Municipality.
 - Join in on the games or come out to support and interact with the enthusiastic youngsters of this exciting initiative.
 - Bring your sports gear and consider giving it away to Världsklass

In addition to the aforementioned physical activities, we also offer [[Walking Football, Combined Running and HIIT sessions](#)], and various walking activities. If you haven't registered yet, please check your inbox for a newsletter sent last week containing the necessary registration forms. Alternatively, you can easily access the registration forms by **downloading our app (to be released soon)**. Don't miss out on the opportunity to improve your fitness and wellbeing!

ISBNPA2023 has arranged some **rooms and spaces at the conference** venue to **facilitate networking opportunities** with your colleagues. To secure your booking, please download the conference app and complete the necessary forms. Please note that availability is limited, so act fast.

Satellite meeting, workshops and dare2share sessions

You can still register for a few [[workshops](#)] and the Implementation Science Short Course offered at ISBNPA2023's [[Satellite Meeting](#)]. Watch the videos below showcasing some of the dare2share sessions.





Carbon footprint to travel to ISBNPA2023

Knowing is the first step to action!

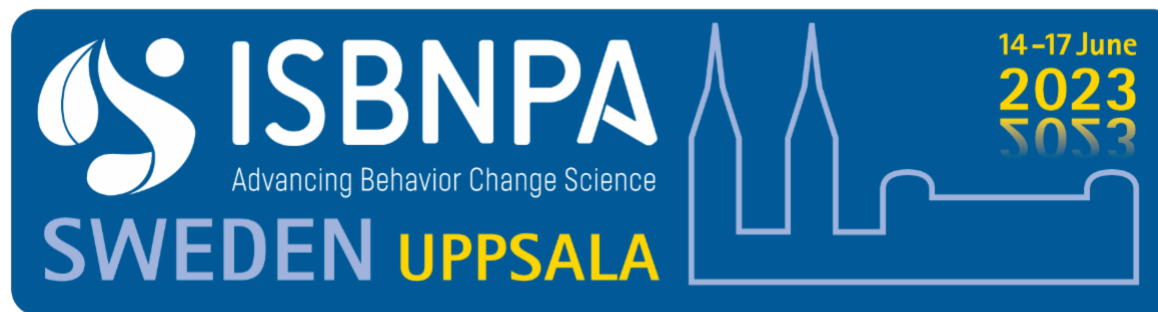
As part of our commitment to the [\[Climate Action Initiative\]](#), we asked all attendees of ISBNPA2023 to inform us about the CO2e emissions associated with their travel. From the 400 responses, we were able to estimate the total CO2e travel-related emissions invested by all 1300 attendees.

The total travel-related emissions were estimated at **5555 tonnes of CO2e**. In 2022 humanity emitted 34 Billion tonnes. If we consider that this number will remain stable for 2023, we estimate that ISBNPA2023's travel emissions will account for about **0,00016% of the 2023 global emissions**.

As we all are researchers, we present just a few more numbers - hoping to inform and not to cause any headache :-). On average, each of us invested about 56% of the per capita CO2e emissions in the country she/he lives in (e.g. by traveling from Portugal António Palmeira invested 4 tonnes of CO2e, and the average CO2e in Portugal is 6.1 tonnes of CO2e).

Please note that this is **only a rough estimation and includes travel emissions alone**. It is a first step towards our goal of developing an effective Carbon Footprint Management system that will help us **Define -> Measure -> Reduce -> and Offset** our carbon footprint.

We are committed to being at the forefront of climate action in scientific institutions and are confident that ISBNPA will lead the way in helping our research activities become carbon-neutral in the near future.



Indigenous research Special Interest Group

Several ISBNPA members are developing a SIG on Indigenous Research. Make sure you learn all about this exciting initiative by attending the activities presented below (confirm the room and schedule in the app and annual meeting calendar)

- June 15 11:15-11:45 (tentative) – “Indigenous SIG” Unveiling Event
- June 15 16:15-17:30 – Indigenous Health Promotion Symposia S.1.18 (room Clarion Hotel Gillet - Room Gillesalen)
- Other Indigenous content on the agenda

ISBNPA Strategic Plan - Impact (survey)

We're reaching out to you today with an opportunity to contribute to the ISBNPA Impact Strategic Project.

As a member of our community, you're perfectly positioned to help us develop a definition of research impact for ISBNPA, which will enable us to measure and improve the impact of the research conducted by our membership. It's a chance to shape the future impact of behavioral nutrition and physical activity research.

So, we invite you to share with us the definitions of research impact that are being used by your institution, research funders, and other relevant agencies in your country/region. Once you have found these definitions, please complete a short form that will capture information on how research impact is being defined globally.

To access the form, simply click on this link:

[https://aut.au1.qualtrics.com/jfe/form/SV_000Relwseo30CsS]

Completing the form is quick and easy, and your contribution will be invaluable to our project. Please complete a separate form for each source that you have found. We'd also like to acknowledge your contribution in any future publication, so please provide your Title, Name, Institution, and Email Address when completing the form (optional).

The form will be open for submissions until **Friday June 23, 2023**.

Thank you so much for your support and assistance with this project. We appreciate your contribution to our community and your commitment to advancing the field of behavioral nutrition and physical activity research.

Kind regards

ISBNPA Impact Strategic Project Team

Erica Hinckson, Ester Cerin, Lisa Mackay, Chien Tieng, Leonidas Karagounis, YihKai Chan; Sónia Vladimira, Shiho Amagasa.

Webinars

Watch all the recordings of the ISBNPA webinars, since 2016... a wealth of information on your fingertips.

[50 Videos from 2016 until 2020 and also from 2023](#)

[25 Videos from 2020 until now](#)

Our next webinar is:
SocioEconomic Inequalities SIG Webinar: Equity Considerations in Evidence Synthesis.

Register [[HERE](#)]

When
June 7, 2023, 22:00 UTC

Who:
Speakers:
Omar Dediwar, Bruyere Research Institute, Ottawa, Canada
Olivia Magwood, Bruyère Research Institute, Ottawa, Canada

Kylie Hunter, University of Sydney, Australia

Moderators:

Anna Lene Seidler, The University of Sydney

Maureen C. Ashe, The University of British Columbia



Bookmark the [new NESI website](#)

Are you our next student or ECRs to spotlight [on the NESI blog](#)? We're looking to feature members from all over the globe! [Fill out this form](#) if you're interested in being profiled.

Don't miss NESI's pre-conference workshop on Wednesday, June 14!

The first session includes presentations from Professor Vicki Lambert and Dr Sjaan Gomersall. The session will focus on developing skills for effective research communication. The second session shifts gears to strategies to increase your academic profile and networks. This portion includes presentations from Professor Clare Collins and Dr Matt Hobbs.

[\[Register here\]](#) (scroll down to Workshop #7) and we'll see you in Uppsala!

Early Findings from NESI Project in Uppsala

Interested in the early findings from a NESI project on understanding the challenges, needs and opportunities for emerging behavioural nutrition and physical activity researchers in (post-)pandemic times? Visit Poster Session #2 (#535) Friday Jun 16.

Reach us!

Follow [@ISBNPA](#) on twitter and [#NESI_ISBNPA](#) for NESI-related messages on twitter, linkedIn, instagram or facebook. Any questions or comments? A publication to highlight?

[Email us](#) anytime!
Take care!

Latest articles @IJBNPA

Bianchi, F., Luick, M., Bandy, L. et al. The impact of altering restaurant and menu option position on food selected from an experimental food delivery platform: a randomised controlled trial. Int J Behav Nutr Phys Act 20, 60 (2023). <https://doi.org/10.1186/s12966-023-01456-8>

Zhong, Q., Zhou, R., Huang, YN. et al. The independent and joint association of accelerometer-measured physical activity and sedentary time with dementia: a cohort study in the UK Biobank. Int J Behav Nutr Phys Act 20, 59 (2023). <https://doi.org/10.1186/s12966-023-01464-8>

Pan, B., Lai, H., Ma, N. et al. Association of soft drinks and 100% fruit juice consumption with risk of cancer: a systematic review and dose-response meta-analysis of prospective cohort studies. Int J Behav Nutr Phys Act 20, 58 (2023). <https://doi.org/10.1186/s12966-023-01459-5>

Akram, M., Cerin, E., Lamb, K.E. et al. Modelling count, bounded and skewed continuous outcomes in physical activity research: beyond linear regression models. Int J Behav Nutr Phys Act 20, 57 (2023). <https://doi.org/10.1186/s12966-023-01460-y>

International Society of Behavioral Nutrition and Physical Activity | www.isbnpa.org, 1300 S.
2nd St, Suite 300,
Minneapolis, MN 55454

[Unsubscribe isbnpaorganization@gmail.com](mailto:unsubscribe_isbnpaorganization@gmail.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by socialmedia@isbnpa.org powered by



Try email marketing for free today!