

Welcome from the Ageing SIG Co-chairs

The Annual Meeting is right around the corner, and we want to make sure you know about the great ageing-related research that will be presented. In addition, we will be hosting an Ageing SIG business meeting where we will create a game plan for what we want to accomplish over the next year. Importantly, we are recruiting for several important leadership positions within our SIG, including an incoming co-chair. Please reach out if you are interested in working more closely with the Ageing SIG. We hope you enjoy the May newsletter! If you have any comments, please let us know: **ageing_sig@isbnpa.org** Follow us on Twitter at @ISBNPA_Ageing

Best wishes,



Anne Tiedemann Co-chair ISBNPA Ageing SIG



Libby Richards Co-chair ISBNPA Ageing SIG

AGEING PRESENCE AT ANNUAL MEETING <u>Program at a Glance</u>

AGEING BUSINESS MEETING will occur during the poster session on Friday 10:15-10:45. Please join us to help us plan for the upcoming year.

CONGRATULATIONS TO OUR ANNUAL PRESENTATION AWARD FINALISTS

It is our great pleasure to congratulate our shortlisted awardees for ISBNPA best oral and poster presentation for their outstanding contributions to the field of ageing research. All abstract submissions were independently scored by a team of reviewers. Each shortlisted presentation will be presented during the sessions listed below.

ORAL PRESENTATIONS Wednesday June 14th 4:15-5:30 PM

Dr. Stephanie Alley, *Engagement, acceptability, usability and satisfaction with Active for Life, a computer-tailored web-based physical activity intervention using Fitbits in older adults*

Dr. Erin Clarke, *Reduction in diet quality is associated with a greater healthcare claims and charges over 21-years in Australian women*

Dr. Juliana Oliveira, Impact of physical activity on dynamic balance & prevention of falls in middle age: systematic review & meta-analysis

POSTER PRESENTATIONS

Wednesday June 14th 5:30-6:45 PM

Ms. Mikel Anne Greenwood-Hickman, *Pre-pandemic Sleep and Activity Behaviors and Associated Change in Depressive Symptoms during the COVID-19 Pandemic*

Ms. Yu-Min Lien (student), Using Isotemporal Substitution Model of Reallocating Sedentary Time on Physical Activity with Frailty in Older Adults

Ms. Imina Klicnik (student), *Social Engagement during a Sedentary Time Reduction Intervention in Assisted Living*

Ms. Imina Klicnik (student), Associations of Neighbourhood Greenness and Walkability with Social Participation among Older Canadians: An Analysis of the CLSA

Dr. Dori Rosenberg, Associations Between Profiles of the 24-hour Activity Cycle and Cognitive Function in Older Adults

Mr. Andrew Putman (student), *Neighbourhood Greenness Moderates the Association Between Physical Activity and Geriatric Relevant Health Outcomes: An Analysis of the CLSA* Dr. Sara Rosenkranz, *Evaluating Correlates of Healthy Eating and Dietary Quality Among Older Adults: A mixed-methods approach to development and application of a new survey instrument*

Ms. Jessica Stroope (student), *Active Transportation and Community Participation in Older Adults: Results from the WHO Survey of Global Ageing and Adult Health*

WE ARE RECRUITNG!

The ISBNPA AGEING SIG leadership committee is currently looking for new members! Joining the SIG leadership team is an excellent way to network and collaborate with researchers with similar interests across the world. We are in particular need to grow our **NUTRITION** researchers in our SIG.

After being SIG co-chair for the past 2.5 years it's now time for Anne Tiedemann to step down from her role. Nominations to take on the role as **SIG CO-CHAIR** are now open and we would like to welcome the new co-chair before the conference in June. If you or someone you know would like to know more about this leadership role please get in touch.

We are also looking for a **COMMUNICATIONS CHAIR**. The communications chair will help organize newsletters (2-3 per year) and keep our members engaged through Twitter.

If you are interested in joining or learning more about the SIG, contact Libby Richards at <u>earichar@purdue.edu</u> or Anne Tiedemann at <u>anne.tiedemann@sydney.edu.au</u>

Other members of the Ageing SIG committee and positions vacant

Co-Chair: Libby Richards and VACANT Newsletter: VACANT Webinars: Shilpa Dogra and Trynke Hoekstra Awards: Cathie Sherrington and Neha P. Gothe Communication officers: VACANT

NEW: AGEING SIG AWARDS!

The Ageing SIG is proud to introduce three new SIG awards. Recipients of these awards will be highlighted at our annual business meeting and featured in our newsletter.

Nominations are due May 22, 2023. Send nominations to <u>earichar@purdue.edu</u> Application available at: <u>https://isbnpa.org/sig/ageing-sig-2023-awards/</u>

AGEING SIG Outstanding Dissertation Award

The AGEING SIG Outstanding Dissertation Award recognizes doctoral students who have conducted high quality dissertation work in the field of

ageing and nutrition and/or physical activity. Candidates may be selfnominated or may be nominated by their PhD mentors/supervisor.

Eligibility Criteria:

1. Graduate student in the final stages of their doctoral training or recently graduated (within 12 months of degree conferral). If the degree is pending at the time of nomination, the dissertation must have been completed and deposited with the university.

2. Member of the International Society of Behavioral Nutrition and Physical Activity and the AGEING SIG

Application Process:

1. Completion of application cover page (see <u>https://isbnpa.org/sig/ageing-sig-2023-awards/</u>)

2. CV up to 2 pages

3. A one-page letter detailing the candidate's dissertation research related to AGEING field. Letter should contain the title of the dissertation and confirm when the degree will be/has been conferred.

AGEING SIG Early Career Investigator Award

The AGEING SIG Early Career Investigator Award recognizes early career investigators who are performing high quality research in the field of ageing and nutrition and/or physical activity. Candidates may be self-nominated or may be nominated by senior mentors.

Eligibility Criteria:

1. Within 5 years of terminal degree (M.D., Ph.D., Psy,D.) at the time of application

2. Member of the International Society of Behavioral Nutrition and Physical Activity and the AGEING SIG

3. Active, independent research in the field of ageing

Application Process:

1. Completion of application cover page (see <u>https://isbnpa.org/sig/ageing-sig-2023-awards/</u>)

2. CV up to 2 pages

3. A one-page letter detailing the candidate's independent research contribution to AGEING field

AGEING SIG Distinguished Career Award

The AGEING SIG Distinguished Scientist Award recognizes experienced investigators who have performed/are performing high quality research in the field of ageing and nutrition and/or physical activity. Candidates may be selfnominated or may be nominated by colleagues.

Eligibility Criteria:

1. More than 7 years beyond terminal degree (M.D., Ph.D., Psy,D.) at the time of application

2. Member of the International Society of Behavioral Nutrition and Physical Activity and the AGEING SIG

3. Active and significant contributions to the field of ageing

Application Process:

1. Completion of application cover page (see <u>https://isbnpa.org/sig/ageing-</u> sig-2023-awards/)

2. CV up to 2 pages

3. A one-page letter detailing the candidate's outstanding contribution to AGEING field

ANNUAL MEETING SYMPOSIUM HIGHLIGHT: Friday June 16th Sex and Gender-based Analysis Tools

Interested in learning more about sex and gender-based analysis in health

research? Attend our session on Friday, June 16th entitled "Sex and Gender Based Analysis: Understanding the Landscape and Improving our Approach" where we will present an international perspective on use of the terms sex and gender, and introduce you to novel tools that can be used in health research. Complete the survey here to contribute your perspective: <u>https://forms.gle/5FmEfWBMbWA7gY9fA</u>

RECENT PUBLICATIONS

Ida Synnove Barvag Grini & Oydis Ueland. *How Families' Use of Digital Technology Can Be a Tool for Reducing Loneliness and Improving Food Intake among Older Adults.* Journal of Ageing and Longevity.<u>https://www.mdpi.com/2673-9259/3/1/4</u>

Do you have a new paper you would like highlighted? Email us at earichar@purdue.edu

SOCIAL MEDIA UPDATES

Do you have new publications or announcements you would like to share on our Twitter account?

Please send any Twitter content you would like posted to <u>earichar@purdue.edu</u>

UPCOMING CONFERENCES

World Physiotherapy Congress, 2-4 June 2023, Dubai, UAE. https://world.physio/event/world-physiotherapy-congress-2023

Australia and New Zealand Falls Prevention Society conference and World Falls Congress (joint conference), 26-28 November 2023, Perth, Australia. <u>https://anzfpconference.com.au/</u>

American College of Sports Medicine Annual Meeting and the World Congress on Exercise is Medicine and the Basic Science of Physical Activity and Aging Biology: May 30-June 2, 2023 Denver, CO, USA <u>https://www.acsm.org/annual-meeting/annual-home</u>

Asia-Pacific Society for Physical Activity (ASPA), 2023 Annual Conference November 27-29, 2023, Wellington, New Zealand. <u>https://aspactivity.org/conference/</u>

LOOKING FOR 2024 CONFERENCE KEYNOTE SPEAKERS

The ISBNPA conference committee is looking for suggestions for the 2024 conference keynote speakers for the annual meeting in Omaha, Nebraska, USA. Do you have any recommendations for someone involved in Ageing and Implementation Science research? If yes, please contact Antonio Palmeira: executivedirector@isbnpa.org



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