



December 2022

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What's new @ISBNPA



President's Message

Erica Hinckson

The president's message is available by clicking on the image below.

ISBNPA 2023

Save the dates and prepare your travel for June 14 – June 17

The scientific program will start on June 14 early afternoon and end in the mid-afternoon on June 17. Workshops will begin on June 14 early Morning.

All keynotes are confirmed

- Abby King; Clare Collins, Ulf Ekelund; and Edward Maibach

Uppsala 2023 has broken all our previous submission records

- 84 symposia submissions; 60 were selected (notifications are scheduled for December 13)
- 16 workshop proposals; 11 were selected
- 875 regular abstracts; the previous record was 831
- and 22 dare2share sessions - 200% more than last year

We want to thank everyone in the ISBNPA community for submitting their best research to the Annual Meeting.

Thank you to all reviewers

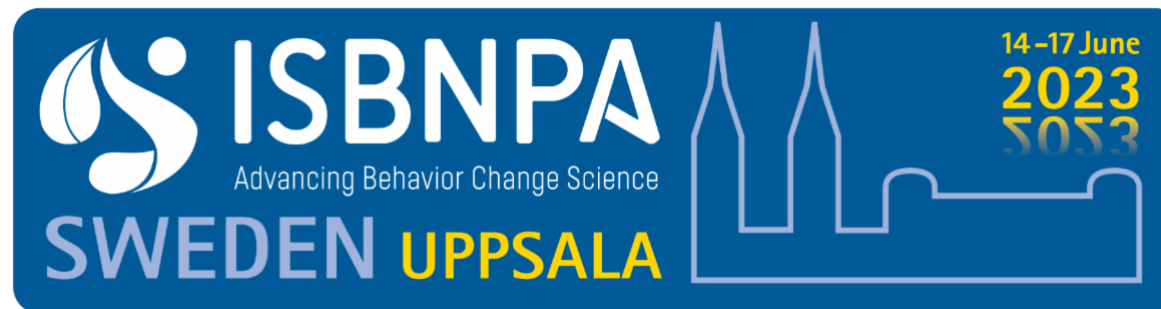
We have over 30 colleagues reviewing the symposia and workshops and 99 reviewing the regular abstracts and dare2share proposals. Three independent reviewers score each proposal.

All this work is coordinated by our **Scientific Program Committee**, chaired by Scott Duncan and Meg Bruening, helped by Falk Mueller-Riemenschneider, Sara Rosenkranz, Inês Santos, Cindy Gray, António Palmeira, and Gokce Nakkas.

You can still **submit your best research for the scientific program**. The late-breaking abstracts call will open next week until March 8, 2023 (for poster sessions in Uppsala).

Like in all previous calls, you can submit your proposal for the in-person meeting OR the XChange online-only meeting in late September.

Click [HERE](#) or the meeting logo below to visit the annual meeting page.



MEMBERSHIP

Strategic Plan

The ISBNPA strategic plan is ongoing. We now have help from colleagues who applied for the funding created to support the behind-the-scenes workload. Stay tuned for news throughout the year and some highlights during the Uppsala 2023 meeting.

You can learn more about our strategic plan [[HERE](#)].

Pioneers Program

We have received 16 applications for the ISBNPA research grant.

Ana Contardo Ayala, Maureen Ashe, Clare Maher, and António Palmeira reviewed all proposals; five were selected to receive up to 1500 USD to run the study plus 1500 USD to travel and stay for the Uppsala 2023 meeting.

The awardees were:

- María Isabel Valero Morales
 - National Institute of Public Health Mexico
- Ben Singh
 - University of South Australia
- Oluwayomi Aoko
 - University of Lagos
- Neha Rathi
 - Banaras Hindu University
- Tamryn Frank
 - University of the Western Cape (South Africa)

You can learn more about our Pioneers Program [[HERE](#)].



2023 Membership renewal campaign

The 2023 membership renewal campaign is ongoing. Please log in and renew your membership to get the full benefits of the ISBNPA membership, including:

- 50% discount on the publication fees of IJBNPA (a ±1500 USD discount)
- Discounts on registration for the Annual Meeting

Contact [[António Palmeira](#)] or go directly to the webpage to renew.

Membership and Elections

The ISBNPA Executive Committee elections deadline is December 15, 2022. We have received about 20% of the ballots in early voting. If you are a member, please log in to your members' area on our website and click on your ballot to vote (see figure below).



Bookmark the [new NESI website](#)

New NESI Team

Meet your new [[NESI representatives and committee members](#)] for 2022-2023!

Chair & Student Representative: Sarah Shaw

ECR Representatives: Steph Chappel & Lisa Mackay

Communication Team: Brittany Johnson, Brianne Bruijns, Amanda Folk, Nivedhitha Parthasarathy, & Rodolfo Silva

Networking Team: Sarah Burkart, Gwenn Porter, Christine St. Laurant, Hilary Caldwell, Alexandra Descarpentrie, Kylie Wilson, Kelly Cosgrove, Linnea Johansson, Ellinor Nilsson, & Maria Lungren

Webinar/Workshop Team: Emma Lawlor, Stephen Barrett, Taylor Willmott, Emma Ostermeier, Zhiguang Zhang, & Merling Phaswana

Survey Opportunity for Students and Early Career Researchers

Students and ECRs, tell us your experiences of being an emerging behavioral nutrition and physical activity researcher in (post-) pandemic times by [completing this survey](<https://tinyurl.com/43vmpp46>). We are still looking for more representation from South America, Africa, Asia and Europe.

Have you already filled out the survey? Please share with students and ECRs in your network!

Reach us!

Follow [@ISBNPA](#) on twitter and [#NESI_ISBNPA](#) for NESI-related messages on twitter, linkedIn, instagram or facebook. Any questions or comments? A publication to highlight?

[Email us](#) anytime!
Take care!

Latest articles @IBNPA

Breau, B., Brandes, M., Veidebaum, T. et al. Longitudinal association of childhood physical activity and physical fitness with physical activity in adolescence: insights from the IDEFICS/I.Family study. *Int J Behav Nutr Phys Act* 19, 147 (2022). <https://doi.org/10.1186/s12966-022-01383-0>

Hollywood, L., Issartel, J., Gaul, D. et al. Cook like a Boss Online: an adapted intervention during the COVID-19 pandemic that effectively improved children's perceived cooking competence, movement competence and wellbeing. *Int J Behav Nutr Phys Act* 19, 146 (2022). <https://doi.org/10.1186/s12966-022-01378-x>

Wilcox, S., Liu, J., Turner-McGrievy, G.M. et al. Effects of a behavioral intervention on physical activity, diet, and health-related quality of life in pregnant women with elevated weight: results of the HIPP randomized controlled trial. Int J Behav Nutr Phys Act 19, 145 (2022). <https://doi.org/10.1186/s12966-022-01387-w>

Le Cornu, Q., Chen, M., van Hees, V. et al. Association of physical activity, sedentary behaviour, and daylight exposure with sleep in an ageing population: findings from the Whitehall accelerometer sub-study. Int J Behav Nutr Phys Act 19, 144 (2022). <https://doi.org/10.1186/s12966-022-01391-0>

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