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ISBNPA

Participatory Research
in Health Promotion

November 2022 SIG Newsletter



(Old) News

ISBNPA 2022 Phoenix Wrap-up

We had our first business meeting in Phoenix, where we brainstormed on activities for this SIG. Additionally, we organized a dare2share about imPARfections in participatory research in which we shared some of our imperfections in conducting participatory research. Have you missed our first webinar 'the value and challenges of participatory research for improving health and wellbeing' by Prof Janine Jurkowski? Here is the [link](#) to the recording.

The winner of the 'best SIG oral presentation' ISBNPA 2022 (Best oral presentation within the PRHP SIG) was Janneke De Boer with her presentation "Process evaluation of a participatory developed school-based intervention promoting health sleep in adolescents". We are already looking forward to the inspiring presentations on participatory research next year in Uppsala!



ISBNPA

Advancing Behavior Change Science

SWEDEN UPPSALA

14-17 June

2023



Upcoming Events



ISBNPA
Participatory Research in Health Promotion SIG

Webinar series
Participatory research: what is it and how can it benefit your project?

WHAT: Webinar Participatory in Health Promotion SIG

TITLE: Participatory research: what is it and how can it benefit your project?

WHEN: November 28, 2022, 2000 UTC / GMT

REGISTER: Follow this [LINK](#)

Research Spotlight

The SIG Participatory Research and Health Promotion really enjoyed reading how complexity thinking and a participatory approach were combined to address beverage consumption, well-done colleagues!

Read the paper [HERE](#).

RESEARCH

Open Access



System dynamics modelling to engage community stakeholders in addressing water and sugar sweetened beverage consumption

Andrew D. Brown^{1*}, Kristy A. Bolton^{1,2}, Brydie Clarke¹, Penny Fraser¹, Janette Lowe³, Jake Kays¹, Peter S. Hovmand⁴ and Steven Allender¹

Participatory Research Frameworks, Orientations, and Approaches

Participatory research can be messy! There are many fields and directions and frameworks you can follow, dependant on the population group, setting and desired outcome you would like to elicit. However, they all have one thing in common, it is all about doing with **not** on participants. In each newsletter we will try and outline one approach and provide some examples. Who knows, perhaps you can put one into action or have experience in doing so. If you do have specific experience, we would love to hear about it!!

Table adapted from : Vaughn, L. M., & Jacquez, F. (2020). Participatory Research Methods – Choice Points in the Research Process. *Journal of Participatory Research Methods*, 1(1). <https://doi.org/10.35844/001c.13244>

Framework/ approach	Definition	Types/ variations	Key sources
Participatory Action Research (PAR)	Combines participation and action to understand and address societal issues. Emphasizes democratic processes in participation with others rather than research for research's sake conducted on people/communities.	participatory research; youth participatory action research	Baum, MacDougall, & Smith (2006); Cammarota & Fine (2010); Chevalier & Buckles (2019); Ozer (2017)

Parting line

We will look at getting real world thoughts on participatory research from a range of participatory researchers. This month, **Paul Estabrooks**.

Professor of Health & Kinesiology and Associate

Dean of Community Engagement in the College of Health, University of Utah.

Why am I passionate about participatory research?

"I am really motivated by the fact that participatory research can advance more relevant science and achieve a concurrent impact in the communities we partner with. AND it is really fun to work with people from a range of backgrounds and organizations!"



Share your imPARfections! What do you find challenging about participatory research?

"The most challenging thing with participatory research is when the work you do together isn't successful. Reporting data back to community partners in a transparent way, when an intervention or an implementation strategy didn't work, can result in incredible disappointment. Easing the possible pain on this during the planning phase of a project (i.e., preparing for the potential that things might not work out and having a plan for how the partnership can pivot in the face of unsuccessful results)."

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