



# ISBNPA

Cancer Prevention and Management SIG



## Message from the Chair

Dear Cancer Prevention and Management SIG Members,

We hope that your semester is going well! We are looking forward to the in-person ISBNPA 2023 meeting in Uppsala, Sweden. ISBNPA is pleased to present not only one, but two formats for the upcoming conference: one in-person meeting in Uppsala (June 14-17, 2023), and one virtual meeting in late September 2023.

The regular abstracts, symposia, and Dare2Share submission portal is open for the in-person conference, and we are looking to sponsor your session! If you are thinking of submitting a symposium focused on cancer prevention and management or are looking for other members to collaborate on a symposium together, please reach out to us. The submission deadline is October 28, 2022 for symposia and December 7, 2022 for regular abstracts and Dare2Share submissions. Additional details will be shared shortly on the main ISBNPA website regarding the virtual meeting which has its own submission portal.

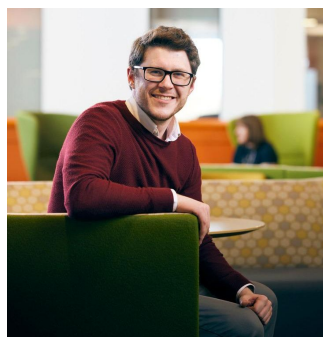
In this edition of the newsletter, we are continuing with Collaboration Corner where members can connect with other SIG members for distinct expertise on a project, grant and manuscript collaborations, and community connections, as some examples. We encourage you to submit in this area to engage members within our SIG. We have some exciting collaborations from our members featured in this edition.

Finally, please join us in welcoming our newest member, Jordan Curry (PhD student) from the Hull York Medical School, in the role of the social media officer. You'll hear all the latest buzz about our SIG on our Twitter page, @isbnpa\_cpm.

That's it for now and we look forward to sponsoring your proposed sessions.

Linda Trinh, PhD

## New Exec Team Member Spotlight



**Jordan Curry** is a PhD student at the Hull York Medical School, UK. Jordan's background is in Sports Science and Clinical Exercise Physiology. Through his doctoral research, he is combining his interests in exercise oncology and digital technology. Alongside his education, he has actively worked in the health and fitness sector and as a research assistant on several projects surrounding physical activity and digital technology for those living with and beyond cancer.

## Collaboration Corner and Special Recognition

### UK-Canada Globalink

CPM SIG members, **Dr. Linda Trinh** (CPM Chair) from the University of Toronto and **Dr. Rebecca Beeken** (CPM Deputy Chair) from the University of Leeds are engaging in multidisciplinary and interdisciplinary research by participating in the UK-Canada Globalink doctoral exchange scheme. Dr. Beeken's doctoral student, William Goodman will be carrying out a 12-week research project focused on examining the longitudinal trends of sedentary behaviour and physical activity, and the associations with cancer-related symptoms such as fatigue and distress, quality of life, and contextual factors in prostate cancer survivors. This project will aid in designing individually tailored interventions for prostate cancer survivors which could help individuals self-manage their own health, acknowledged as a key priority for both the UK and Canada. The Faculty of Kinesiology & Physical Education at the University of Toronto and Dr. Linda Trinh are thrilled to be hosting William Goodman in Winter 2022 and look forward to this collaboration.

### Cindy Forbes Recognized as 2022 Top Developing Researcher

Having brought in more than £1m in research funding in 2021 and starting to establish the University of Hull as an emerging hub for Exercise Oncology, CPM Member, **Dr. Cindy Forbes** was awarded the "2022 Top Developing Researcher" by the Faculty of Health Science at the University of Hull. Congratulations, Dr. Forbes!



### Trainee Research Spotlight



**Renée Bultijnck, PhD** from Ghent University (Belgium), successfully defended her PhD on 'Optimizing rehabilitation interventions in men with prostate cancer receiving androgen deprivation therapy'. Interested in her PhD results? Read her [#thesisthread HERE](#). In October 2022, she started a postdoctoral fellowship at Ghent University, where she is studying patient reported outcomes in men with metastatic prostate cancer. She is also leading an ISBNPA seed grant project, titled, "Moving through cancer: a proposed framework of sedentary behavior and physical activity pathways to guide clinical practice." Congratulations, Dr. Bultijnck!

### 2022 Cancer Prevention and Management Early Career Researcher Seed Funding Award

The CPM SIG is pleased to announce the recipient of the 2022 Early Career Researcher Seed Funding award, **Emily Hill, PhD, RDN**. Dr. Hill is a registered dietitian and Postdoctoral Fellow at the University of Colorado Anschutz Medical Campus in Denver, CO and a current CPM member. Her one-year project, titled, "Cancer survivors as stakeholders in the design of a survivorship nutrition intervention for integration into an established exercise oncology program" will focus on collaborating with people living with and beyond cancer to co-create a 12-week evidence-based nutrition curriculum to meet their unique needs and preferences. Congratulations, Dr. Hill!



## NIH Nutrition as Prevention for Improved Cancer Health Outcomes

The National Institutes of Health (NIH) Office of Disease Prevention (ODP) held a three-day Pathways to Prevention Workshop on Nutrition as Prevention for Improved Cancer Health Outcomes in July 2022. Recordings from all three days are available on the ODP website [HERE](#). An unbiased, independent panel developed a [draft report](#) to summarize the workshop discussions and identify future research priorities. This report is open for public comment through October 28, 2022 - simply email [NIHP2P@mail.nih.gov](mailto:NIHP2P@mail.nih.gov) to submit your comments.

## Upcoming Conferences and Webinars of Interest

### CanRehab Webinar

**Title:**

*Tailoring exercise intensity and volume during chemotherapy for breast cancer - what we know and what we don't!*

**When:**

October 24, 2022, 6:30pm GMT

**Who:**

Professor Anna Campbell, MBE, Director of CanRehab, Ltd.

Professor Kristin Campbell, Chair of CanRehab Trust

**Register** [HERE](#)

### NIH Office of Disease Prevention and NIH Health Literacy Working Group Special Prevention in Focus Webinar

**Title:**

*Say, "Yes!" to Health Literacy in Cancer Prevention and Control*

**When:**

October 26, 2022, 8:00pm GMT

**Who:**

Cathy Meade, PhD, Moffit Cancer Center, University of South Florida

Clement K. Gwede, PhD, Moffit Cancer Center, University of South Florida

**Register** [HERE](#)

### UNC Nutrition Research Institute Appetite For Life Webinar

**Title:**

*Nutrition and Other Factors to Combat Cancer*

**When:**

October 27, 2022, 4:00pm GMT

**Who:**

Steve Hursting, PhD and lab members

**Register** [HERE](#)

### American Institute for Cancer Research 2022 Research Conference

**Title:**  
2022 AICR Research Conference

**When:**  
October 31 - November 1, 2022

**Where:**  
Lansdowne Resort and Spa, Leesburg, VA, USA (and online)  
**Register** [HERE](#)

### **The Obesity Society Annual Conference**

**Title:**  
*ObesityWeek 2022*

**When:**  
November 1-4, 2022

**Where:**  
San Diego Convention Center, San Diego, CA, USA (and online)  
**Register** [HERE](#)

### **ISBNPA SIG e- & mHealth Webinar**

**Title:**  
*Optimising behaviour change interventions in e- and mHealth using Multiphase Optimization Strategy (MOST)*

**When:**  
November 2, 2022, 8:00pm GMT

**Who:**  
Kate Guastaferro, Assistant Professor, New York University  
Siobhan Philips, Associate Professor, Northwestern University Feinberg School of Medicine  
**Register** [HERE](#)

### **American Association for Cancer Research Special Conference**

**Title:**  
*Precision Prevention, Early Detection, and Interception of Cancer*

**When:**  
November 17-19, 2022

**Where:**  
Hyatt Regency Austin, Austin, TX, USA  
**Register** [HERE](#)

### **IUNS-ICN International Congress of Nutrition**

**Title:**  
*International Congress of Nutrition*

**When:**  
December 6-11, 2022

**Where:**  
Tokyo International Forum (TIF), Tokyo, Japan  
**Register** [HERE](#)

## **Call for Symposia at ISBNPA 2023**

The CPM SIG is looking to sponsor symposia for the upcoming 2023 meeting. Symposia should be focused in the area of cancer prevention and management, specifically lifestyle interventions (diet and/or PA) and across the cancer prevention and control continuum incorporating primary prevention, screening and early detection. If you are interested in having our SIG sponsor your symposia, please reach out to the Chair, Linda Trinh, at [linda.trinh@utoronto.ca](mailto:linda.trinh@utoronto.ca) with your symposia abstract.

## **Cancer Prevention and Management Recap from ISBNPA 2022**



## Cancer Prevention and Management Annual Business Meeting

Thank you to all of the members who came out to the CPM business meeting at the 2022 ISBNPA Annual Meeting in Phoenix, Arizona.



## Cancer Prevention and Management Sponsored Session

CPM SIG-sponsored session on 'Increasing the Reach of Physical Activity and Sedentary Behaviour in Cancer Survivors' with Dr. Scherezade Mama from the MD Anderson Cancer Center, Dr. Linda Trinh from the University of Toronto, Dr. Heather Leach from Colorado State University, and Dr. David Conroy from Penn State.

## Cancer Prevention and Management Best Student Abstract Award

Congratulations to **Natalie Cuda** for the 2022 Best Student Abstract Award from the CPM SIG examining 'Changes in Physical Activity and Well-Being in Cancer Survivors During the COVID-19 Pandemic.'



## Recent Publications

- Gao Z, Ryu S, Chen Y. Effects of Tai Chi App and Facebook health education programs on breast cancer survivors' stress and quality of life in the Era of pandemic. *Complement Ther Clin Pract*. 2022 Aug;48:101621. doi: 10.1016/j.ctcp.2022.101621. Epub 2022 Jun 16.
- Gao, Z., Ryu, S., & Chen, Y. (2022). Effects of Tai Chi App and Facebook health education programs on breast cancer survivors' stress and quality of life in the Era of pandemic. *Complementary Therapies in Clinical Practice*. 48:101621. doi: 10.1016/j.ctcp.2022.101621. Epub ahead of print.
- Evaluating a web-based computer-tailored physical activity intervention for those living with and beyond lung cancer (ExerciseGuide UK): protocol for a single group feasibility and acceptability study (<https://pilotfeasibilitystudies.biomedcentral.com/articles/10.1186/s40814-022-01129-6>)

- Gil N, Fisher A, Beeken RJ, Pini S, Miller N, Buck C, Lally P, Conway R. 2022. The role of partner support for health behaviours in people living with and beyond cancer: A qualitative study. *Psycho-oncology*. <https://doi.org/10.1002/pon.6032>
  - Buck C, Pini S, Lally P, Beeken RJ, Fisher A. 2022. The impact of the COVID-19 pandemic on the health behaviours of people living with and beyond breast, prostate, and colorectal cancer—a qualitative study. *Journal of Cancer Survivorship*. <http://dx.doi.org/10.1007/s11764-022-01234-8>
- 

Be updated of all ISBNPA news  
Stay Tuned at



International Society of Behavioral Nutrition and Physical Activity | [www.isbnpa.org](http://www.isbnpa.org), 1300 S.  
2nd St, Suite 300,  
Minneapolis, MN 55454

[Unsubscribe isbnpaorganization@gmail.com](mailto:unsubscribe_isbnpaorganization@gmail.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by [socialmedia@isbnpa.org](mailto:socialmedia@isbnpa.org) powered by



Try email marketing for free today!