



This newsletter is all about the ISBNPA 2017 Annual Meeting. Read the Message from the President, the latest ISBNPA 2017 news and opportunities, learn about the meeting app that will support the conference and all about the NESI activities.

## Message from the President



Dear ,

The Organising Committee and the Executive Committee (EC) have been working extremely hard on final details for the ISBNPA Annual Scientific Meeting in Victoria Canada, which is coming together very well. I would also like to take this opportunity to thank Kat Duda and the team at Venue West. The EC secured Venue West on a 3-year contract last year to help provide some continuity for our annual meetings and it has been a great decision so far! We now have well over **950**

**delegates** registered and have some new innovations in our Program this year. After the closing ceremony on Saturday afternoon we are holding a **special session with 3 expert international speakers on the challenges and opportunities in implementing a sugar tax**. For the first time at an ISBNPA conference we will open this session up to members of the public. The ISBNPA EC has been having extensive discussions about playing a stronger advocacy role as a professional society and with Canada currently considering whether to implement a sugar tax, what better way to inform this debate than with high quality science.

Most of our special interest groups (SIGs) are thriving and our new Implementation and Scalability SIG will be meeting in Victoria for the first time. The Theories of Motivation and Socioeconomic Inequalities SIGs have had some transitions in leadership, which has impacted on the engagement opportunities in these SIGs. We thank the new leaders for taking on these roles and also our members for their patience and understanding during these transitions. Please contact Jeroen Lakerveld if you wish to be involved in a SIG or if you wish to work more closely with the leadership teams. For the first time at this year's conference we have not placed the SIG meetings so they are competing with each other in the program. Every year our members provide feedback that they wish to attend more than one SIG meeting. We encourage feedback from members after this year's conference as to whether the new program placement was more acceptable.

I would like to take this opportunity to sincerely thank **Corneel Vandelanotte** for his fantastic leadership as SIG Chair on the EC. He has really worked tirelessly to support the SIGs and we are very sad to lose him from the EC in June. However, he has done a great job in handing over the reins to our new SIG Chair, **Jeroen Lakerveld**, who joined us on the EC last year.

I am also very grateful to **Benedicte Deforche** who has been Chair of the Abstract Committee for 6 years and is stepping down from that role this year. This is an amazing contribution to the Society entailing an enormous amount of work each year (imagine organising the scientific program for 6 consecutive conferences!!). We will also sadly be losing our International Journal of Behavioral Nutrition and Physical Activity (IJBNPA) Editor-in-Chief **Russ Jago** at the end of this year. Russ has done an incredible job of lifting IJBNPA even higher up the journal rankings to the point where it is now a 'feeder' journal for our publisher BMC. We are in the process of interviewing for a new EIC, and are confident IJBNPA will continue to be one of the leading journals in the behavioural sciences field.

We will be welcoming four new EC members who will be joining us this June: Erica Hinckson, Amy Yaroch, Jane Faulkerson, and Sebastien Chastin. They represent expertise in behavioral nutrition, physical activity and sedentary behaviour and come from 3 different continents.

Finally, this will be my final newsletter as President of this wonderful society. I have been honoured to serve as the first two-year term President and it has certainly allowed more time to institute changes and consolidate the direction of the society. I couldn't have done this role without the support of such an active EC and of course our tireless and extremely organised Executive Director, Antonio Palmeira! A big thanks to all. I am really pleased to be 'handing over the reins' to my experienced colleague **Ralph Maddison** who has held several positions within the EC already (Secretary, Chair of the Communications Committee). ISBNPA has an exciting future and I look forward to sharing it with you all in years to come.

Yours sincerely,



Alfred Deakin Professor Jo Salmon  
President, ISBNPA



## ISBNPA 2017 in Victoria, BC, Canada

### Numbers

With over **970 delegates registered** in early May, and at the current rate of registrations, ISBNPA 2017 will surely surpass the magic 1000 number.



We will have a diverse scientific program, with **five keynotes, 45 symposia, 206 orals** (doubling the numbers from last year), **90 short-orals and over 650 posters**. On top of this, we will hold, for the first time in ISBNPA meetings, a **Public Session**, with three excellent keynotes on the hot topic of **Sugar Taxation** (make sure you save your place on Saturday afternoon for this session).



### Public Session

Sugar tax... A hot topic, a great debate ongoing in several countries.

ISBNPA has invited top researchers to discuss this topic at a session open to the community. Join Dr Tom Warshawski, Dr Shu Wen Ng and Dr Harry Rutter in this public session (Saturday,

15:45-17:00). Learn more and please sign in [HERE](#) as seats are limited.

## Opportunities

### Workshops

Sign up for the last places on the great ISBNPA's pre-conference workshops.

**More than 320 delegates** have already guaranteed their seat, but we **still have places for:**

1. Grasping Physical Activity: Using 3D printers to visualize physical activity
2. Faking it: using a fake food buffet to examine food choice
3. Designing and evaluating physical activity interventions for people with mental health issues
4. Fundamental and Functional Movement Literacy' - the provision of meaningful childhood physical activity experiences
5. Health Promotion with Indigenous Communities

### Satellite Meetings

Another great opportunity that is still available is the satellite meeting organised by Active Aging, BC. Make sure you seize all science happening within and around ISBNPA 2017 Annual Meeting.

#### Implementation of physical activity programs at-scale: the why and the how of it

Convenors: Heather A. McKay

Date: 05/06/2017 - website: <http://www.activeagingbc.ca/events/>

Location and Venue: Innovation to Implementation (i to i) Lab Centre for Hip Health & Mobility, 2635 Laurel Street, Vancouver BC; V5Z 1M9

### Network meetings

We have prepared a couple of **meeting rooms to facilitate networking** with new colleagues or to catch-up with ongoing joint projects.

If you want to book one room, make sure you contact [isbnpa2017secretariat@venuewest.com](mailto:isbnpa2017secretariat@venuewest.com).



## ISBNPA 2017 Meeting App

The meeting app is already available

Google Play: <https://play.google.com/store/apps/details?id=com.fivetouchsolutions.emisbnpa17>

App Store:

<https://itunes.apple.com/WebObjects/MZStore.woa/wa/viewSoftware?id=1236201227&mt=8>

BlackBerry World:

<https://appworld.blackberry.com/webstore/content/60002772/?lang=en&countrycode=CA>

or in any browser [www.isbnpa201.com](http://www.isbnpa201.com).



The app is still being populated, and includes the full program, abstract book, scheduling options, and you can also create your bio and a link to your presentation. Make sure you prepare your profile and schedule in advance.

## NESI

# Network of Early career researchers & Students of ISBNPA



## Webinar

Dr. Rick Prins (Minddistrict, Amsterdam) & Dr. Katie Morton (Innovia Technology, Cambridge) shared their personal experiences in the webinar entitled "Perspectives from "the dark side": Making the transition from academia to industry". The recording is [HERE](#).

## NESI @ISBNPA 2017 Annual Meeting

You'll find detailed information on NESI activities in Victoria on the [NESI conference flyer](#); briefly:

*Wednesday 7th June*

- Early Career Researchers' **Workshop** (registration required)
- **NESI Networking Moment**. An opportunity to meet & network prior to the official conference opening.
- **Welcome Reception**. Meet in the NESI zone after the first keynote. We'll walk together to the reception & make it a bit longer to network & get some extra steps

*Thursday 8th June*

- **NESI Dinner** - Due to overwhelming interest, we would like to invite you to pre-purchase your ticket for dinner to secure your place. If you expressed interest during registration, we've emailed you an invitation to pre-purchase your ticket. Any remaining tickets will be available to purchase from the NESI zone at the conference.

*Friday 9th June*

- **Gala Dinner**. We organised a table for NESI members, please join us.

## Reach us!

Follow @ISBNPA on twitter and use #NESI for NESI-related tweets.  
Questions? Comments? A publication to highlight? [Email us](#) anytime!  
Keep being a [happy academic](#)!

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## Latest articles @IJBNPA



Rollo, M. E., Bucher, T., Smith, S. P., & Collins, C. E. (2017). ServAR: An augmented reality tool to guide the serving of food. *Int J Behav Nutr Phys Act*, 14(1), 65. doi:10.1186/s12966-017-0516-9

Fairclough, S. J., Dumuid, D., Taylor, S., Curry, W., McGrane, B., Stratton, G., . . . Olds, T. (2017). Fitness, fatness and the reallocation of time between children's daily movement behaviours: an analysis of compositional data. *Int J Behav Nutr Phys Act*, 14(1), 64. doi:10.1186/s12966-017-0521-z

Hoffmann, K., De Gelder, R., Hu, Y., Bopp, M., Vitrai, J., Lahelma, E., . . . van Lenthe, F. J. (2017). Trends in educational inequalities in obesity in 15 European countries between 1990 and 2010. *Int J Behav Nutr Phys Act*, 14(1), 63. doi:10.1186/s12966-017-0517-8

Walton, K., Kuczynski, L., Haycraft, E., Breen, A., & Haines, J. (2017). Time to re-think picky eating?: a relational approach to understanding picky eating. *Int J Behav Nutr Phys Act*, 14(1), 62. doi:10.1186/s12966-017-0520-0

## From our media room

Have you visited [ISBNPA website media room](#)?

You can find some hidden treasures there.

When video abstracts were still rare, ISBNPA launched a series of small videos presenting the research published in our journal IJBNPA.

Have a look at this one from 2014.



Rutten et al. International Journal of Behavioral Nutrition and Physical Activity 2014, 11:86  
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4118310/>



RESEARCH

Open Access

The contribution of life-style coaching of overweight patients in primary care to more autonomous motivation for physical activity and healthy dietary behaviour: results of a longitudinal study

Geert M Rutten<sup>1\*</sup>, Jessie JM Meis<sup>1</sup>, Marike RC Hendriks<sup>2</sup>, Femke JM Hamers<sup>3</sup>, Cindy Veenhof<sup>4</sup> and Stef PJ Kremers<sup>1</sup>



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